

**2010 OHSAA Southwest Ohio  
Regional Cross Country Championships  
Troy, Ohio, October 30, 2010  
Division I Regional Champions  
Cincinnati La Salle Lancers**



Standing from left to right: Assistant Coach Andy Kramer, Head Coach Frank Russo, Eric Southwood, Marc Nie, Matt Schroeck,, Matt Nie, Drew Michel, Kevin Kluesener, Alex Thiery, Ethan Bokeno, Travis Hawes, Assistant Coach Joe Muenchen.

**La Salle Lancers Cross Country Annual 2010**

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# CROSS COUNTRY TEAM RECORDS

Year	Coach	Team Record			Team Finishes				
		Wins	Losses	Ties	GCL	City	District	Regional	State
1963	Bill Cady	?	?	?	6 <sup>th</sup>	--	?	--	-
1964	George Dirr	?	?	?	?	--	?	--	--
1965	Othmar Morman	?	?	?	2nd	--	?	--	--
1966	Bro. Nathan Robinson	?	?	?	5th	--	?	--	--
1967	Ken Swinson	?	?	?	DNF	--	8th	--	--
1968	David Fairchild	?	?	?	5th	--	7th	--	--
1969	Richard Meyer	?	?	?	4th	--	5th	--	--
1970	Richard Meyer	?	?	?	4th	--	4th	--	--
1971	Jerry Green	?	?	?	5th	--	10th	--	--
1972	Jerry Green	?	?	?	5th	--	13th	--	--
1973	Bro. David Wissel	?	?	?	5th	--	12th	--	--
1974	Ferd Flick	?	?	?	6th	--	15th	--	--
1975	George Dirr	?	?	?	5th	--	7th	--	--
1976	George Dirr	?	?	?	5th	--	7th	--	--
1977	John Rush	?	?	?	3rd	--	5th	--	--
1978	Tim Lynch	?	?	?	2nd	3rd	2nd	9th	--
1979	Mike Page	?	?	?	5th	--	7th	--	--
1980	Mike Page	?	?	?	6th	--	11th	--	--
1981	Jamie Redden	?	?	?	5th	--	7th	--	--
1982	Jamie Redden	?	?	?	4th	--	9th	--	--
1983	Frank Russo	11	45	1	5th	--	11th	--	--
1984	Frank Russo	60	22	0	3rd	10th	9th	--	--
1985	Frank Russo	115	34	0	3rd	7th	10th	--	--
1986	Frank Russo	154	23	0	3rd	4th	3rd	3 <sup>rd</sup>	2nd
1987	Frank Russo	112	18	0	3rd	5th	4th	5th	--
1988	Frank Russo	93	19	0	2nd	3rd	2nd	7th	--
1989	Frank Russo	104	29	0	3rd	3rd	3rd	3rd	8th
1990	Frank Russo	128	18	0	3rd	3rd	3rd	4th	8th
1991	Frank Russo	115	13	0	3rd	3rd	2nd	<b>FIRST</b>	7th
1992	Frank Russo	122	3	0	<b>FIRST</b>	<b>FIRST</b>	<b>FIRST</b>	<b>FIRST</b>	4th
1993	Frank Russo	132	9	0	<b>FIRST</b>	<b>FIRST</b>	<b>FIRST</b>	2nd	7th
1994	Frank Russo	98	12	0	2nd	2nd	2nd	6th	--
1995	Frank Russo	106	15	0	3rd	4th	2nd	7th	--
1996	Frank Russo	110	9	0	2nd	2nd	<b>FIRST</b>	4th	5th
1997	Frank Russo	110	17	0	2nd	3rd	2nd	4th	10th
1998	Frank Russo	81	16	0	3rd	4th	2nd	6th	--
1999	Frank Russo	129	5	0	<b>FIRST</b>	<b>FIRST</b>	2nd	2nd	4th
2000	Frank Russo	124	5	0	2 <sup>nd</sup>	2nd	<b>FIRST</b>	2nd	2nd
2001	Frank Russo	156	3	0	<b>FIRST</b>	<b>FIRST</b>	<b>FIRST</b>	<b>FIRST</b>	2nd
2002	Frank Russo	135	17	0	<b>FIRST</b>	<b>FIRST</b>	<b>FIRST</b>	<b>FIRST</b>	2nd
2003	Frank Russo	141	27	0	Second	4 <sup>th</sup>	2 <sup>nd</sup>	4 <sup>th</sup>	6 <sup>th</sup>
2004	Frank Russo	140	10	0	Second	2 <sup>nd</sup>	3 <sup>rd</sup>	2 <sup>nd</sup>	2 <sup>nd</sup>
2005	Frank Russo	201	7	0	<b>FIRST</b>	<b>FIRST</b>	<b>FIRST</b>	<b>FIRST</b>	<b>FIRST</b>
2006	Frank Russo	162	7	0	<b>FIRST</b>	<b>FIRST</b>	<b>FIRST</b>	<b>FIRST</b>	<b>FIRST</b>
2007	Frank Russo	115	86	0	Third	Eighth	Third	Eleventh	--
2008	Frank Russo	138	29	0	<b>FIRST</b>	<b>FIRST</b>	<b>FIRST</b>	3 <sup>rd</sup>	15 <sup>th</sup>
2009	Frank Russo	133	53	0	Third	5 <sup>th</sup>	3rd	3 <sup>rd</sup>	16 <sup>th</sup>
2010	Frank Russo	189	17	0	Second	2 <sup>nd</sup>	<b>FIRST</b>	<b>FIRST</b>	12 <sup>th</sup>

## COACHING RECORDS

<u>Coach</u>	<u>Years</u>	<u>Wins</u>	<u>Losses</u>
Frank Russo	1983-2010	3416	528

## TEAM CHAMPIONSHIPS

<u>GCL</u>	<u>CITY</u>	<u>DISTRICT</u>	<u>REGIONAL</u>	<u>STATE</u>
1992	1992	1992	1991	2005
1993	1993	1993	1992	2006
1999	1999	1996	2001	
2001	2001	2000	2002	
2002	2002	2001	2005	
2005	2005	2002	2006	
2006	2006	2005	2010	
2008	2008	2006		
		2008		
		2010		

## INVITATIONAL CHAMPIONSHIPS

All Ohio Catholic Inv.	1996, 1997, 2004, 2006
Anderson Invitational	1988
Blanchester Inv.	2003, 2004, 2005
Brookville Invitational	1992
Carmel Classic	2000
Celina Rotary Inv.	2002
Central Ohio Inv.	1999, 2001, 2003, 2004
Colerain Invitational	1985, 1990, 1991, 1992, 1993, 1994, 1995
Disney Classic	1999, 2000
FinishTiming.com Inv.	2006, 2008, 2009
Great Race of Great Bay	2001
Greenville Invitational	1998, 1999, 2000, 2001, 2002, 2003, 2004, 2005, 2006, 2008, 2009, 2010
Kettering Fairmont Inv.	1996, 1997, 2000
Lakota Invitational	1996
Lancaster Invitational	1995
Lexington Catholic Inv.	1989, 1992, 1993, 1994
Louisville Trinity Inv.	2005, 2006
Malone College Inv.	1990, 1991, 1992
Meadowdale Invitational	1988, 1989, 1990
Miami U. Invitational	1995, 1996, 1997, 1998
Midwest Catholic Inv.	2010
Midwest Meet Champions	2010
Newark Invitational	1993, 1994
Northwest Invitational	1986, 1987, 1988
Roger Bacon Invitational	1991
Springboro Inv.	2008
Tiger Invitational	1999
Trotwood Invitational	1992, 1993, 1994, 1996, 1997, 1999
Worthington Eisenhart Inv.	1990, 1992, 1993, 1994, 1995, 1996, 1999, 2001, 2003, 2004, 2010

# VARSITY TEAM PLACES

## Blanchester Invitational

<u>Year</u>	<u>Place</u>	<u>Points</u>
2003	1 <sup>st</sup>	15
2004	1 <sup>st</sup>	33
2005	1 <sup>st</sup>	21

## Greenville Invitational

1997	2 <sup>nd</sup>	45
1998	1 <sup>st</sup>	72
1999	1 <sup>st</sup>	25
2000	1 <sup>st</sup>	26
2001	1 <sup>st</sup>	24
2002	1 <sup>st</sup>	30
2003	1 <sup>st</sup>	36
2004	1 <sup>st</sup>	43
2005	1 <sup>st</sup>	64
2006	1 <sup>st</sup>	51
2007	4 <sup>th</sup>	137
2008	1 <sup>st</sup>	69
2009	1 <sup>st</sup>	47
2010	1 <sup>st</sup>	25

## Midwest Meet of Champions

2002	6 <sup>th</sup>	157
2003	5 <sup>th</sup>	182
2004	5 <sup>th</sup>	122
2006	2 <sup>nd</sup>	79
2007	11 <sup>th</sup>	220
2008	8 <sup>th</sup>	172
2009	14 <sup>th</sup>	377
2010	1 <sup>st</sup>	107

## Central Ohio Invitational

1999	1 <sup>st</sup>	38
2001	1 <sup>st</sup>	26
2002	2 <sup>nd</sup>	50
2003	1 <sup>st</sup>	37
2004	1 <sup>st</sup>	37

## Carmel Classic

<u>Year</u>	<u>Place</u>	<u>Times</u>
2000	1 <sup>st</sup>	1:25.24
2005	3 <sup>rd</sup>	1:26.24

## All Ohio Catholic Invitational

1995	1 <sup>st</sup>	55
1996	1 <sup>st</sup>	31
1997	1 <sup>st</sup>	42
1998	2 <sup>nd</sup>	45
2004	1 <sup>st</sup>	48
2006	1 <sup>st</sup>	53
2007	5 <sup>th</sup>	106
2008	3 <sup>rd</sup>	114
2009	8 <sup>th</sup>	235

## Great American Festival

<u>Year</u>	<u>Pace</u>	<u>Points</u>	<u>Race</u>
2001	2 <sup>nd</sup>	183	ROC
2002	9 <sup>th</sup>	280	ROC
2003	12 <sup>th</sup>	323	ROC
2004	2 <sup>nd</sup>	133	SI
2005	4 <sup>th</sup>	196	ROC

ROC = Race of Champions

SI = Seeded Invitational

## Worthington Invitational

1990	1 <sup>st</sup>	37
1992	1 <sup>st</sup>	28
1993	1 <sup>st</sup>	33
1994	1 <sup>st</sup>	59
1995	1 <sup>st</sup>	61
1996	1 <sup>st</sup>	49
1997	4 <sup>th</sup>	94
1998	2 <sup>nd</sup>	95
1999	1 <sup>st</sup>	46
2001	1 <sup>st</sup>	30
2003	1 <sup>st</sup>	54
2004	1 <sup>st</sup>	52
2005	2 <sup>nd</sup>	78
2006	2 <sup>nd</sup>	52
2007	4 <sup>th</sup>	168
2008	2 <sup>nd</sup>	106
2009	7 <sup>th</sup>	216
2010	1 <sup>st</sup>	56

## Franklin County Invitational

2005	2 <sup>nd</sup>	64
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## Midwest Catholic Invitational

2010	1 <sup>st</sup>	49
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## Louisville Trinity Invitational

1991	2 <sup>nd</sup>	70
2005	1 <sup>st</sup>	56
2006	1 <sup>st</sup>	15
2007	8 <sup>th</sup>	245
2010	2 <sup>nd</sup>	166

## Nike Team Nationals

2006	15 <sup>th</sup>	326
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## Stanford (CA) Seeded Invitational

2006	6 <sup>th</sup>	190
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## Mason Invitational

2009	2 <sup>nd</sup>	83
2010	4 <sup>th</sup>	88

# VARSITY TEAM PLACES

## Finish Timing Invitational

2007	2 <sup>nd</sup>	44
2008	1 <sup>st</sup>	23
2009	1 <sup>st</sup>	29
2010	2 <sup>nd</sup>	48

## Firebird Invitational

2007	5 <sup>th</sup>	221
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## Michigan State Spartan Invitational

2000	2 <sup>nd</sup>	75
2002	3 <sup>rd</sup>	102
2003	3 <sup>rd</sup>	116
2008	4 <sup>th</sup>	174
2009	6 <sup>th</sup>	209

## Central Ohio Invitational

2001	1 <sup>st</sup>	26
2002	2 <sup>nd</sup>	50
2003	1 <sup>st</sup>	37
2004	1 <sup>st</sup>	37

## Firebird Invitational

2000	1 <sup>st</sup>	46
2001	2 <sup>nd</sup>	59
2007	5 <sup>th</sup>	221

## Malone College Invitational

1984	6 <sup>th</sup>	215
1985	9 <sup>th</sup>	324
1986	8 <sup>th</sup>	218
1987	4 <sup>th</sup>	166
1988	8 <sup>th</sup>	218
1989	11 <sup>th</sup>	284
1990	1 <sup>st</sup>	53
1991	1 <sup>st</sup>	64
1992	1 <sup>st</sup>	25
1993	3 <sup>rd</sup>	99
1995	6 <sup>th</sup>	221

# VARSITY TEAM PLACES

## GCL CHAMPIONSHIPS

1963	6 <sup>th</sup>	471
1964	?	?
1965	2 <sup>nd</sup>	58
1966	5 <sup>th</sup>	107
1967	DNF	---
1968	6 <sup>th</sup>	165
1969	4 <sup>th</sup>	101
1970	4 <sup>th</sup>	99
1971	5 <sup>th</sup>	114
1972	5 <sup>th</sup>	116
1973	5 <sup>th</sup>	136
1974	6 <sup>th</sup>	162
1975	5 <sup>th</sup>	104
1976	5 <sup>th</sup>	116
1977	3 <sup>rd</sup>	71
1978	2 <sup>nd</sup>	56
1979	5 <sup>th</sup>	110
1980	DNF	---
1981	5 <sup>th</sup>	105
1982	4 <sup>th</sup>	101
1983	5 <sup>th</sup>	143
1984	3 <sup>rd</sup>	95
1985	4 <sup>th</sup>	77
1986	3 <sup>rd</sup>	60
1987	3 <sup>rd</sup>	84
1988	2 <sup>nd</sup>	59
1989	3 <sup>rd</sup>	62
1990	3 <sup>rd</sup>	68
1991	3 <sup>rd</sup>	64
1992	1 <sup>st</sup>	28
1993	1 <sup>st</sup>	23
1994	2 <sup>nd</sup>	46
1995	3 <sup>rd</sup>	68
1996	2 <sup>nd</sup>	41
1997	2 <sup>nd</sup>	47
1998	3 <sup>rd</sup>	54
1999	1 <sup>st</sup>	36
2000	2 <sup>nd</sup>	43
2001	1 <sup>st</sup>	23
2002	1 <sup>st</sup>	33
2003	2 <sup>nd</sup>	48
2004	2 <sup>nd</sup>	51
2005	1 <sup>st</sup>	20
2006	1 <sup>st</sup>	24
2007	3 <sup>rd</sup>	76
2008	1 <sup>st</sup>	39
2009	3 <sup>rd</sup>	73
2010	2 <sup>nd</sup>	39

## DISTRICT CHAMPIONSHIPS

1963	?	?
1964	?	?
1965	?	?
1966	?	?
1967	8 <sup>th</sup>	229
1968	7 <sup>th</sup>	?
1969	5 <sup>th</sup>	?
1970	4 <sup>th</sup>	136
1971	10 <sup>th</sup>	275
1972	13 <sup>th</sup>	330
1973	12 <sup>th</sup>	332
1974	15 <sup>th</sup>	354
1975	7 <sup>th</sup>	212
1976	7 <sup>th</sup>	205
1977	5 <sup>th</sup>	178
1978	2 <sup>nd</sup>	77
1979	7 <sup>th</sup>	181
1980	11 <sup>th</sup>	300
1981	7 <sup>th</sup>	195
1982	9 <sup>th</sup>	234
1983	11 <sup>th</sup>	298
1984	9 <sup>th</sup>	204
1985	10 <sup>th</sup>	273
1986	3 <sup>rd</sup>	110
1987	4 <sup>th</sup>	86
1988	2 <sup>nd</sup>	100
1989	3 <sup>rd</sup>	64
1990	3 <sup>rd</sup>	63
1991	2 <sup>nd</sup>	38
1992	1 <sup>st</sup>	33
1993	1 <sup>st</sup>	29
1994	2 <sup>nd</sup>	50
1995	2 <sup>nd</sup>	71
1996	1 <sup>st</sup>	48
1997	2 <sup>nd</sup>	80
1998	2 <sup>nd</sup>	55
1999	2 <sup>nd</sup>	46
2000	1 <sup>st</sup>	35
2001	1 <sup>st</sup>	25
2002	1 <sup>st</sup>	31
2003	2 <sup>nd</sup>	58
2004	3 <sup>rd</sup>	96
2005	1 <sup>st</sup>	36
2006	1 <sup>st</sup>	25
2007	3 <sup>rd</sup>	82
2008	1 <sup>st</sup>	48
2009	3 <sup>rd</sup>	70
2010	1 <sup>st</sup>	33

# VARSITY TEAM PLACES

## REGIONAL CHAMPIONSHIPS

1963	--	--
1964	--	--
1965	--	--
1966	--	--
1967	--	--
1968	--	--
1969	--	--
1970	--	--
1971	--	--
1972	--	--
1973	--	--
1974	--	--
1975	--	--
1976	--	--
1977	--	--
1978	9 <sup>th</sup>	227
1979	--	--
1980	--	--
1981	--	--
1982	--	--
1983	--	--
1984	--	--
1985	--	--
1986	3 <sup>rd</sup>	108
1987	5 <sup>th</sup>	176
1988	7 <sup>th</sup>	221
1989	3 <sup>rd</sup>	108
1990	4 <sup>th</sup>	119
1991	1 <sup>st</sup>	95
1992	1 <sup>st</sup>	61
1993	2 <sup>nd</sup>	79
1994	6 <sup>th</sup>	178
1995	7 <sup>th</sup>	195
1996	4 <sup>th</sup>	121
1997	4 <sup>th</sup>	156
1998	5 <sup>th</sup>	146
1999	2 <sup>nd</sup>	87
2000	2 <sup>nd</sup>	62
2001	1 <sup>st</sup>	51
2002	1 <sup>st</sup>	75
2003	4 <sup>th</sup>	114
2004	2 <sup>nd</sup>	96
2005	1 <sup>st</sup>	65
2006	1 <sup>st</sup>	44
2007	11 <sup>th</sup>	235
2008	3 <sup>rd</sup>	109
2009	3 <sup>rd</sup>	116
2010	1 <sup>st</sup>	56

## STATE CHAMPIONSHIPS

1963	--	--
1964	--	--
1965	--	--
1966	--	--
1967	--	--
1968	--	--
1969	--	--
1970	--	--
1971	--	--
1972	--	--
1973	--	--
1974	--	--
1975	--	--
1976	--	--
1977	--	--
1978	--	--
1979	--	--
1980	--	--
1981	--	--
1982	--	--
1983	--	--
1984	--	--
1985	--	--
1986	2 <sup>nd</sup>	144
1987	--	--
1988	--	--
1989	8 <sup>th</sup>	237
1990	8 <sup>th</sup>	217
1991	7 <sup>th</sup>	204
1992	4 <sup>th</sup>	136
1993	7 <sup>th</sup>	179
1994	--	--
1995	--	--
1996	5 <sup>th</sup>	187
1997	10 <sup>th</sup>	230
1998	--	--
1999	4 <sup>th</sup>	152
2000	2 <sup>nd</sup>	99
2001	2 <sup>nd</sup>	78
2002	2 <sup>nd</sup>	104
2003	6 <sup>th</sup>	161
2004	2 <sup>nd</sup>	144
2005	FIRST	74
2006	FIRST	78
2007	--	--
2008	15 <sup>th</sup>	300
2009	16 <sup>th</sup>	348
2010	12 <sup>th</sup>	252

# CROSS COUNTRY PARADE OF CHAMPIONS

## GCL INDIVIDUAL CHAMPIONS

<u>Year</u>	<u>Runner</u>	<u>Distance</u>	<u>Time</u>
1979	Eric Huey	2.5 Miles	12:52
1986	Dan Fulmer	5,000 Meters	15:27
1991	Doug Bockenstette	5,000 Meters	15:58
1992	Doug Bockenstette	5,000 Meters	15:15
1993	Doug Bockenstette	5,000 Meters	15:38
1994	Dean Fulmer	5,000 Meters	15:14
1996	Jay Hummel	5,000 Meters	15:44
1997	Derrick Butler	5,000 Meters	15:23
1998	Steve Padgett	5,000 Meters	15:16
1999	Steve Padgett	5,000 Meters	15:17
2000	Allen Bader	5,000 Meters	15:24
2001	Allen Bader	5,000 Meters	15:09
2002	Eric Mayhaus	5,000 Meters	15:20
2006	Kyle Lang	5,000 Meters	15:20
2008	Travis Hawes	5,000 Meters	16:06

## DISTRICT INDIVIDUAL CHAMPIONS

<u>Year</u>	<u>Runner</u>	<u>Distance</u>	<u>Time</u>
1970	Mike Martin	2.0 Miles	10:00.4
1979	Eric Huey	2.5 Miles	12:42
1986	Dan Fulmer	5,000 Meters	15:51
1991	Doug Bockenstette	5,000 Meters	16:28
1992	Doug Bockenstette	5,000 Meters	15:40
1993	Doug Bockenstette	5,000 Meters	15:46
1994	Dean Fulmer	5,000 Meters	15:36.3
1996	Jay Hummel	5,000 Meters	16:16
1998	Steve Padgett	5,000 Meters	15:39
1999	Steve Padgett	5,000 Meters	15:32
2000	Allen Bader	5,000 Meters	15:26
2001	Allen Bader	5,000 Meters	15:31
2005	Kyle Lang	5,000 Meters	16:01.1
2010	Travis Hawes	5,000 Meters	15:48.69

## REGIONAL INDIVIDUAL CHAMPIONS

<u>Year</u>	<u>Runner</u>	<u>Distance</u>	<u>Time</u>
1992	Doug Bockenstette	5,000 Meters	15:36.3
1993	Doug Bockenstette	5,000 Meters	16:07.6
1994	Dean Fulmer	5,000 Meters	15:45.0
1999	Steve Padgett	5,000 Meters	15:29.2
2000	Allen Bader	5,000 Meters	15:26.3
2001	Allen Bader	5,000 Meters	15:33.7

## STATE INDIVIDUAL CHAMPIONS

<u>Year</u>	<u>Runner</u>	<u>Distance</u>	<u>Time</u>
<i>1993</i>	<i>Doug Bockenstette</i>	<i>5,000 Meters</i>	<i>15:18.2</i>
<i>1999</i>	<i>Steve Padgett</i>	<i>5,000 Meters</i>	<i>15:19.9</i>
<i>2000</i>	<i>Allen Bader</i>	<i>5,000 Meters</i>	<i>15:21.0</i>
<i>2001</i>	<i>Allen Bader</i>	<i>5,000 Meters</i>	<i>15:07.0</i>

# CROSS COUNTRY HONOR ROLL

“An All Time Career Best Ranking of LaSalle’s Cross Country Runners at Championship Meets”

## GCL (Rapid Run Park)

<u>Rank</u>	<u>Time</u>	<u>Runner</u>	<u>Year</u>	<u>Place</u>
1.	15:09	Allen Bader	2001	1st
2.	15:14	Dean Fulmer	1994	1st
3.	15:15	Doug Bockenstette	1992	1st
4.	15:16	Steve Padgett	1998	1st
5.	15:20	Eric Mayhaus	2002	1st
	15:20	Kyle Lang	2006	1 <sup>st</sup>
7.	15:23	Derrick Butler	1997	1st
8.	15:27	Dan Fulmer	1986	1 <sup>st</sup>
9.	15:28	Jason Beck	2002	3rd
10.	15:29	Jake Nusekabel	2006	2nd

## REGIONAL (Troy Memorial Stadium)

<u>Rank</u>	<u>Time</u>	<u>Runner</u>	<u>Year</u>	<u>Place</u>
1.	15:26	Allen Bader	2000	1st
2.	15:29	Steve Padgett	1999	1st
3.	15:36	Doug Bockenstette	1992	1st
4.	15:43	Dan Fulmer	1985	2nd
5.	15:44	Dave Padgett	1992	3rd
6.	15:45	Dean Fulmer	1994	1st
7.	15:49	Ethan Bokeno	2010	2 <sup>nd</sup>
8.	15:54	Travis Hawes	2007	4th
9.	15:58	Derrick Butler	1998	12th
10.	15:59	Pat Rischmann	2000	6th

## DISTRICT

1=McGinnis Park, 2=VOA Park, 3=Princeton M.S.)

<u>Rank</u>	<u>Time</u>	<u>Runner</u>	<u>Year</u>	<u>Place</u>
1.	15:26 <sub>3</sub>	Allen Bader	2000	1st
2.	15:32 <sub>2</sub>	Steve Padgett	1999	1st
3.	15:36 <sub>3</sub>	Dean Fulmer	1994	1st
4.	15:40 <sub>3</sub>	Doug Bockenstette	1992	1st
5.	15:41 <sub>1</sub>	Derrick Butler	1997	3rd
6.	15:48 <sub>2</sub>	Travis Hawes	2010	1st
7.	15:49 <sub>3</sub>	Dave Padgett	1992	3rd
8.	15:51 <sub>3</sub>	Dan Fulmer	1986	1st
9.	15:52 <sub>2</sub>	Ethan Bokeno	2010	2 <sup>nd</sup>
10.	15:57 <sub>3</sub>	Pat Rischmann	2000	3rd

## STATE (Scioto Downs)

<u>Rank</u>	<u>Time</u>	<u>Runner</u>	<u>Year</u>	<u>Place</u>
1.	15:07	Allen Bader	2001	1st
2.	15:18	Doug Bockenstette	1993	1st
3.	15:19	Steve Padgett	1999	1st
4.	15:42	Dean Fulmer	1993	5th
5.	15:50	Dan Fulmer	1986	2nd
6.	15:51	Dave Padgett	1992	10th
7.	15:51.40	Travis Hawes	2007	12th
8.	15:52	Derrick Butler	1998	11th
9.	15:53	Jason Beck	2002	7th
10.	15:55	Pat Rischmann	2000	15 <sup>th</sup>

## CROSS COUNTRY STATE QUALIFIERS - PLACERS

Altenau, Zac	2001	16:45	82nd	Hawes, Travis	2009	16:50.46	57th
Altenau, Zac	2000	16:58	95 <sup>th</sup>	Hawes, Travis	2010	15:54.9	20th
Bader, Allen	2001	15:07	1 <sup>st</sup>	Heckler, Rob	1990	16:50	66th
Bader, Allen	2000	15:21	1 <sup>st</sup>	Heckler, Rob	1989	17:15	95th
Bader, Allen	1999	16:30	42nd	Heister, Dan	2002	16:26	41st
Bader, Greg	2003	17:15	104th	Heister, Dan	2004	16:32	31st
Bader, Greg	2004	16:42	40th	Herrmann, Tom	1990	16:57	79th
Bader, Greg	2005	16:23	29th	Herrmann, Tom	1989	17:11	88 <sup>th</sup>
Banks, Jeff	1986	16:57	54th	Hoeffler, Chris	1997	17:11	106th
Baumgartner, Bill	1993	17:02	91st	Hudepohl, Mike	1989	16:20	17th
Beck, Jason	2002	15:53	7 <sup>th</sup>	Hudepohl, Mike	1988	17:40	62nd
Beck, Jason	2001	16:13	33 <sup>rd</sup>	Huey, Eric	1979	12:30	4th
Beck, Jason	1999	17:20	103rd	Huey, Eric	1978	?	?
Bilkasley, Tim	1990	16:56	77 <sup>th</sup>	Huey, Jay	1975	9:52	13th
Bilkasley, Tim	1989	17:12	90th	Hummel, Jay	1996	16:15	23 <sup>rd</sup>
Bittner, Andy	2003	16:54	66th	Hummel, Jay	1995	16:58	54th
Bittner, Andy	2002	17:11	106th	Heusman, Mitchell	2005	17:17	89th
Bittner, Tim	2004	17:00	64th	Huesman, Mitch	2006	16:54	74th
Bockenstette, Doug	1993	15:18	1st	Inderhees, Mike	2006	16:46	63rd
Bockenstette, Doug	1992	15:18	5 <sup>th</sup>	Jostworth, Brian	1989	17:22	105th
Bockenstette, Doug	1991	16:09	20th	Keckeis, Bill	2002	16:30	44th
Bokeno, Ethan	2008	16:34.23	65th	Keckeis, Bill	2003	16:41	45th
Bokeno, Ethan	2009	18:19.15	141st	Kolkmeier, Tyler	1997	17:42	141st
Bollin, Nick	1993	18:02	139th	Kluesener, Kevin	2008	18:15.68	136 <sup>th</sup>
Butler, Derrick	1998	15:52	11th	Kluesener, Kevin	2009	17:38.78	117th
Butler, Derrick	1997	15:57	8th	Kluesener, Kevin	2010	17:00.5	116th
Butler, Derrick	1996	16:48	59th	Kramer, Joe	1997	17:56	147th
Calardo, Paul	2003	16:30	30th	Lang, Kyle	2004	16:37	35th
Calardo, Paul	2002	17:42	127th	Lang, Kyle	2005	15:59	10th
Calardo, Paul	2001	17:02	108th	Lang, Kyle	2006	15:57	16th
Calardo, Paul	2000	18:15	144th	LeSaint, Neil	1965	?	?
Cardinal, Clayton	2008	18:30.88	141st	Lienhart, Chris	1986	17:13	79th
Carusone, Pete	1996	17:20	105th	Lupp, Richard	2005	16:49	65th
Comer, Sean	2006	17:07	97th	Lupp, Richard	2006	16:19	28th
Devoe, Ben	2003	17:12	99th	Ludmann, Doug	1990	17:40	127th
Doyle, Pat	1981	?	?	Martin, Russ	1970	9:58	5 <sup>th</sup>
Dragan, Kyle	2003	16:33	34th	Martin, Russ	1969	?	18th
Dragon, Kyle	2002	16:31	47th	Martin, Mike	1970	10:03	11th
Dragon, Kyle	2001	16:27	49th	Martin, Mike	1969	?	26th
Eiser, Adam	1996	17:28	115th	Mayhaus, Eric	2002	16:09	24th
Enneking, Noel	1991	16:31	64 <sup>th</sup>	Mayhaus, Eric	2001	16:13	34 <sup>th</sup>
Enneking, Noel	1990	17:03	85th	Mayhaus, Eric	2000	16:17	39th
Enneking, Noel	1989	17:31	116 <sup>th</sup>	McNamara, Jacob	2009	18:15.96	139th
Flynn, Jamey	1992	16:49	78 <sup>th</sup>	Michel, Drew	2010	16:26.4	74th
Flynn, Jamey	1991	16:56	109th	Mohr, Tim	1993	17:09	103rd
Fulmer, Dan	1986	15:50	3 <sup>rd</sup>	Mohr, Robert	1991	17:31	147th
Fulmer, Dan	1985	16:51	36th	Mohr, Robert	1990	17:42	132nd
Fulmer, Dean	1994	15:46	2 <sup>nd</sup>	Neuskabel, Jake	2005	16:10	18th
Fulmer, Dean	1993	15:42	5th	Nie, Matt	2009	18:43.46	149th
Fulmer, Dean	1992	15:58	13 <sup>th</sup>	Nie, Marc	2010	17:09.7	123 <sup>rd</sup>
Fulmer, Dean	1991	16:58	111th	Nie, Matt	2010	17:27.1	134th
Fulmer, Doug	1999	17:07	86th	Nusekabel, Jake	2006	15:48	11th
Grogan, Garrett	2001	16:03	25 <sup>th</sup>	Padgett, Dave	1992	15:51	10th
Grogan, Garrett	2000	16:09	34th	Padgett, Dave	1991	16:37	77th
Gunn, Dave	1986	16:43	37th	Padgett, Dave	1990	16:46	61st
Hawes, Travis	2007	15:51.40	12th	Padgett, Steve	1999	15:19	1 <sup>st</sup>
Hawes, Travis	2008	16:33.01	64th				

## CROSS COUNTRY STATE QUALIFIERS - PLACERS

Padgett, Steve	1998	15:27	3 <sup>rd</sup>
Padgett, Steve	1997	15:59	10 <sup>th</sup>
Padgett, Steve	1996	16:44	53 <sup>rd</sup>
Quick, Sean	1986	18:12	122 <sup>nd</sup>
Rippenger, Rob	2009	18:03.94	132 <sup>nd</sup>
Rischmann, Pat	2000	15:55	15 <sup>th</sup>
Rischmann, Pat	1999	16:15	23 <sup>rd</sup>
Robbins, Mike	1999	17:48	131 <sup>st</sup>
Robbins, Mike	1997	18:02	150 <sup>th</sup>
Roellig, Rob	1986	18:04	120 <sup>th</sup>
Roller, Brian	1993	16:42	62 <sup>nd</sup>
Roller Brian	1992	17:16	114 <sup>th</sup>
Ruthemeyer C.	1996	17:03	82 <sup>nd</sup>
Schroeck, Matt	2010	17:00.4	115 <sup>th</sup>
St. George Andy	2004	17:23	92 <sup>nd</sup>
St. George, Andy	2005	17:44	121 <sup>st</sup>
Sievering Scott	1993	17:48	133 <sup>rd</sup>
Sievering Scott	1992	17:13	109 <sup>th</sup>
Spriggs Corey	2004	17:14	83 <sup>rd</sup>
Spriggs, Corey	2005	16:27	38 <sup>th</sup>
Spriggs, Corey	2006	16:31	41 <sup>st</sup>
Stein Greg	2004	18:19	143 <sup>rd</sup>
Southwood, Lee	2008	16:47.59	84 <sup>th</sup>
Terbrueggen C.	1992	17:03	98 <sup>th</sup>
Terbrueggen C.	1991	17:19	134 <sup>th</sup>
Thierry, Alex	2008	16:56.35	99 <sup>th</sup>
Thierry, Alex	2009	17:03.64	77 <sup>th</sup>
Thiery, Alex	2010	16:12.0	48 <sup>th</sup>
Vogele Doug	1989	17:56	137 <sup>th</sup>
Vogele Rick	1987	16:52	59 <sup>th</sup>
Vogele Rick	1986	16:48	44 <sup>th</sup>
Weidner Nick	1997	17:16	113 <sup>th</sup>
Weidner Nick	1996	17:33	120 <sup>th</sup>
Wright Kevin	2000	16:50	85 <sup>th</sup>
Wright Kevin	1999	17:08	88 <sup>th</sup>

# GCL CROSS COUNTRY TIME RANKINGS

“A 5,000 Meter Time Ranking of La Salle’s Varsity Athletes at the GCL Championships (1982-2007, 2009-2010)”

1.	15:09	Allen Bader (Sr.)	2001	1st	16:23	Kyle Lang (So.)	2004	10th
2.	15:14	Dean Fulmer (Sr.)	1994	1st	64. 16:24	Greg Bader (So.)	2003	14th
3.	15:15	Doug Bockenstette (Jr.)	1992	1st	65. 16:25	Scott Sievering (Sr.)	1993	4th
4.	15:16	Steve Padgett (Jr.)	1998	1st	66. 16:26	Paul Calardo (Jr.)	2002	18th
5.	15:17	Steve Padgett (Sr.)	1999	1st	66. 16:26	Travis Hawes (Jr.)	2009	9th
6.	15:20	Eric Mayhaus (Sr.)	2002	1st	68. 16:27	Steve Padgett (Fr.)	1996	14th
	15:20	Kyle Lang (Sr.)	2006	1st	69. 16:30	Rick Voegel (Jr.)	1986	9th
8.	15:23	Derrick Butler (Jr.)	1997	1st	69. 16:30	Corey Spriggs (So.)	2004	14th
9.	15:24	Allen Bader (Jr.)	2000	1st	71. 16:31	Tim Bilkasley (Jr.)	1989	6th
	15:24	Steve Padgett (So.)	1997	2nd	71. 16:31	Dave Padgett (So.)	1990	6th
11.	15:27	Dan Fulmer (Sr.)	1986	1st	73. 16:32	Dan Fulmer (So.)	1984	9th
12.	15:28	Jason Beck (Sr.)	2002	3rd	73. 16:32	Doug Fulmer (Jr.)	1999	9th
13.	15:29	Jake Nusekabel (Sr.)	2006	2nd	76. 16:33	Nick Bollin (Jr.)	1994	10th
14.	15:31	Travis Hawes (Fr.)	2007	2nd	76. 16:33	Kyle Dragan (So.)	2001	10th
15.	15:33	Corey Spriggs (Sr.)	2006	3rd	77. 16:34	Jamey Flynn (Sr.)	1992	16th
16.	15:34.09	Ethan Bokeno (Sr.)	2010	2nd	78. 16:35	Doug Fulmer (So.)	1998	14th
17.	15:38	Doug Bockenstette (Sr.)	1993	1st	78. 16:35	Andy Bittner (Sr.)	2003	17th
	15:38	Dave Padgett (Sr.)	1992	3rd	80. 16:36	Mike Robbins (So.)	1997	18th
19.	15:40	Kyle Lang (Jr.)	2005	2nd	80. 16:36	Sean Comer (Sr.)	2007	16th
20.	15:44	Jay Hummel (Jr.)	1996	1st	82. 16:37	Nick Bollin (Sr.)	1995	18th
21.	15:46	Dean Fulmer (Jr.)	1993	2nd	82. 16:37	Alex Thiery (Jr.)	2009	12th
22.	15:47	Derrick Butler (So.)	1996	3rd	84. 16:39	Mike Hudepohl (So.)	1987	9th
23.	15:49.66	Kevin Kluesener (Sr.)	2010	5th	84. 16:39	Eric Mayhaus (So.)	2000	18th
24.	15:50	Allen Bader (So.)	1999	3rd	86. 16:40	Adam Eiser (Sr.)	1996	18th
25.	15:53	Pat Rischmann (Sr.)	2000	3rd	86. 16:40	Ricky Lupp (Jr.)	2005	18th
	15:53	Kyle Dragan (Sr.)	2003	5th	88. 16:44	Allen Bader (Fr.)	1998	18th
27.	15:54	Kyle Dragan (Jr.)	2002	8th	89. 16:46	Mike LeBoeuf (So.)	1988	10th
28.	15:56.71	Drew Michel (Jr.)	2010	9th	90. 16:47	Chris Ruthemeyer (Sr.)	1996	21st
29.	15:56	Corey Spriggs (Jr.)	2005	4th	90. 16:47	Matt Nie (Jr.)	2009	14th
30.	15:57	Dean Fulmer (So.)	1992	5th	92. 16:48	Derrick Jackson (Sr.)	1995	23rd
31.	15:58	Doug Bockenstette (So.)	1991	1st	93. 16:49	Kevin Johns (Sr.)	2007	18th
32.	16:02	Derrick Butler (Sr.)	1998	4th	94. 16:50	Chris Hoefffer (Sr.)	1997	25th
	16:02	Dan Heister (Jr.)	2003	7th	95. 16:51.42	Marc Nie (Jr.)	2010	20th
	16:02	Greg Bader (Sr.)	2005	6th	96. 16:51	Rob Heckler (Sr.)	1990	16th
35.	16:03	Eric Mayhaus (Jr.)	2001	2nd	97. 16:52	Chris Terbrueggen (Sr.)	1992	20th
	16:03	Mike Hudepohl (Jr.)	1988	4th	98. 16:53	Dean Fulmer (Fr.)	1991	14th
	16:03	Ricky Lupp (Sr.)	2006	8th	99. 16:53.9	Greg Bader (Jr.)	2004	22nd
38.	16:05	Jake Neuskabel (Jr.)	2005	7th	100. 16:54	Brian Roller (Jr.)	1993	10th
39.	16:08	Dave Gunn (Sr.)	1986	7th	100. 16:54	Tom Hermann (Sr.)	1990	18th
40.	16:09	Rick Voegel (Sr.)	1987	4th	100. 16:54	Chris Hoefffer (So.)	1995	25th
	16:09	Scott Sievering (Jr.)	1992	8th	103. 16:55	Fred La Chance (Sr.)	1982	9th
	16:09	Bill Keckeis (Sr.)	2003	9th	103. 16:55	Nick Bollin (So.)	1993	11th
43.	16:10	Mike Hudepohl (Sr.)	1989	4th	106. 16:55	Mike Robbins (Sr.)	1999	20th
	16:10	Dan Heister (So.)	2002	11th	106. 16:56	David Mette (Sr.)	2005	26th
45.	16:11	Jay Hummel (So.)	1995	5th	107. 16:57	Jerry Kombrinck (Sr.)	1984	18th
46.	16:12.81	Travis Hawes (Sr.)	2010	11th	107. 16:57	Bill Feuchter (Sr.)	1984	19th
47.	16:12	Pat Rischmann (Jr.)	1999	5th	110. 16:57	Kevin Wright (Jr.)	2001	19th
48.	16:13.82	Alex Thiery (Sr.)	2010	12th	110. 16:58	Pete Carusone (Fr.)	1995	27th
49.	16:13	Garrett Grogan (Sr.)	2001	4th	111. 16:59	Tom Hermann (So.)	1988	13th
	16:13	Garrett Grogan (Jr.)	2000	8th	112. 17:00	Dave Gunn (Jr.)	1985	5th
51.	16:15	Tim Bittner (Sr.)	2004	8th	113. 17:01	Steve Huedpohl (Sr.)	1988	14th
52.	16:16	Mitch Huesman	2006	10th	113. 17:01	Rob Heckler (Jr.)	1989	16th
53.	16:17	Mitchell Huesman (Jr.)	2005	11th	115. 17:02	Mike Sparks (So.)	1995	28th
54.	16:19	Dave Padgett (Jr.)	1991	3rd	115. 17:02	Tyler Kolkmeier (So.)	1997	28th
	16:19	Joe Kramer (Jr.)	1997	12th	117. 17:04	Jeff Banks (Sr.)	1986	21st
56.	16:20	Pete Carusone (So.)	1996	12th	118. 17:05	Chris Lienhart (Jr.)	1986	22nd
	16:20	Paul Calardo (Sr.)	2003	13th	118. 17:05	Kevin Kluesener (Jr.)	2009	17th
58.	16:21	Jason Beck (Jr.)	2001	8th	120. 17:06	Brian Roller (Sr.)	1994	22nd
	16:21	Andy Bittner (Jr.)	2002	16th	120. 17:06	Brian Roller (So.)	1992	24th
60.	16:21.7	Dan Heister (Sr.)	2004	9th	122. 17:07	Jamey Flynn (Jr.)	1991	22nd
61.	16:23	Tim Bilkasley (Sr.)	1990	4th	122. 17:07	Nick Weidner (Sr.)	1997	31st
	16:23	Bill Keckeis (Jr.)	2002	17th	122. 17:07	Tyler Kolkmeier (Jr.)	1998	23rd

# GCL CROSS COUNTRY TIME RANKINGS

“A 5,000 Meter Time Ranking of La Salle’s Varsity Athletes at the GCL Championships (1982-2007, 2009-2010)”

125.	17:08	Bryan Jostworth (Sr.)	1989	17th					
	17:08	Kevin Wright (So.)	2000	22nd					
	17:08	Lee Southwood (Jr.)	2007	29th	159	17:38	Tim Mohr (Jr.)	1993	19th
128.	17:09	Chris Terbruggen (Jr.)	1991	23rd	160.	17:41.52	Matt Nie (Sr.)	2010	28th
	17:09	Noel Enneking (Sr.)	1991	24th	161.	17:41	Mike Harmeyer (So.)	1993	23rd
130.	17:10	Chris Hoeffler (Jr.)	1996	28th	162.	17:42	Steve Beppler (Jr.)	1983	22nd
131.	17:10.9	Andy St. George (Jr.)	2004	26th	163.	17:44	Jeff Banks (Jr.)	1985	19th
132	17:12	Tim Mohr (Sr.)	1994	23 <sup>rd</sup>	164.	17:45	Clayton Cardinal	2009	24th
	17:12	Jason Beck (Fr.)	1999	26th	165.	17:46	Mike Bambach (Jr.)	1984	29th
134.	17:13	Tom Herrmann (Jr.)	1989	19th	166.	17:47	Steve Hudepohl (Jr.)	1987	23rd
	17:13	Robert Mohr (Sr.)	1991	25th	167.	17:50	Alex Cornelius (Jr.)	2009	26th
136.	17:13.2	Greg Stein (Sr.)	2004	29th	168	17:53	Brendan Schnieber (Sr.)	1994	36th
137.	17:14	Jay Hummel (Fr.)	1994	24th	169	17:54	John Cappel (So.)	2000	34 <sup>th</sup>
138.	17:16	Steve Beppler (Sr.)	1984	24th	170.	17:57	Mike Haas (Sr.)	1990	28th
	17:16	Noel Enneking (Jr.)	1990	24th	171.	18:00	Bob Weyer (Sr.)	1982	24th
140.	17:17	Jeff Banks (So.)	1984	25th	172.	18:05	Mike Robbins (Jr.)	1998	37 <sup>th</sup>
	17:17	Drew Michael (So.)	2009	21st	173.	18:09	Scott Homer (Jr.)	1988	25 <sup>th</sup>
142.	17:20	Rob Bittner (Jr.)	2007	32nd	174.	18:10	Bill Feuchter (Jr.)	1983	27 <sup>th</sup>
143.	17:22	Doug Voegele (Sr.)	1989	21st	175	18:14	Nick Stenger (Sr.)	1983	28th
	17:22	Doug Heitfield (Sr.)	1982	15th	176.	18:15	Scott Fearn (Sr.)	1987	27th
	17:22	Mike Harmeyer (Sr.)	1995	33rd	177	18:16	Doug Ludmann (Sr.)	1990	29th
146.	17:23	Zac Altenau (Jr.)	2000	25th	178.	18:17	Joe Roth (Sr.)	1987	28th
147.	17:26	Sean Quick (Fr.)	1986	26th	179.	18:22	Mike Harmeyer (Jr.)	1994	53rd
148.	17:30	Doug Voegele (Jr.)	1988	18th		18:22	Dan Eiser (Jr.)	2007	60th
149.	17:31	Kevin Wright (Fr.)	1999	34th	181.	18:23	Jerry Kombrinck (So.)	1982	27th
150.	17:32	Joe Beck (Jr.)	1998	28th	182	18:24	Dave Brunsman (Sr.)	1982	28th
151.	17:33	Dave Reuss (Sr.)	1985	13th	183.	18:25	Nick Stenger (Jr.)	1982	29th
	17:33	Keith Jester (Sr.)	1988	19th	184.	18:27	Scott Homer (Sr.)	1989	28th
	17:33	Zac Altenau (Sr.)	2001	27th	185.	18:37	Jerry Kombrinck (Jr.)	1983	32nd
154.	17:34	Steve Hudepohl (So.)	1986	27th	186.	18:50	Matt Fry (So.)	1983	34th
155.	17:35	Dan Fulmer (Jr.)	1985	14th	187	18:51	Dave Denoma (Sr.)	1984	36th
	17:35	Keith Jester (Jr.)	1987	21st	188.	18:53	Matt Fry (Sr.)	1985	30th
	17:35	Ian Placke (So.)	2007	40th	189.	18:54	Bill Wittich (So.)	1983	35th
158.	17:37	Mike Bambach (Sr.)	1985	15th	190.	19:32	Glen Neiheisel (Sr.)	1985	33 <sup>rd</sup>

## GCL CROSS COUNTRY TEAM RANKINGS

“A Ranking of La Salle’s GCL Cross Country Teams Scoring the Time Rankings”

<u>Rank</u>	<u>Team</u>	<u>Points</u>						
1.	2006	121	11.	2000	291	20.	1994	464
2.	2002	146	12.	1993	306	21.	1989	486
3.	2010	161	13.	1998	324	22.	2009	496
4.	1992	167	14.	2004	340		1988	496
5.	2005	171	15.	1986	354	24.	1984	566
6.	2003	217	16	1995	429	25.	1987	621
7.	2001	219	17.	1991	433	26.	1985	739
8.	1997	245	18.	2007	454	27	1982	780
9.	1999	252	19.	1990	466	28.	1983	882
	1996	252						

### La Salle's GCL Championship Team Finishes

1963	6th	157	1980	DNF	--	1997	2nd	47
1964	DNF	--	1981	5th	105	1998	3rd	54
1965	2nd	58	1982	4th	101	1999	1st	36
1966	5th	107	1983	5th	143	2000	2nd	43
1967	DNF	--	1984	3rd	95	2001	1st	23
1968	6th	165	1985	3rd	66	2002	1st	33
1969	4th	101	1986	3rd	60	2003	2 <sup>nd</sup>	48
1970	4th	99	1987	3rd	84	2004	2 <sup>nd</sup>	51
1971	5th	114	1988	2nd	88	2005	1 <sup>st</sup>	20
1972	5th	116	1989	3rd	62	2006	1 <sup>st</sup>	24
1973	5th	136	1990	3rd	63	2007	3 <sup>rd</sup>	76
1974	6th	162	1991	3rd	64	2008	1 <sup>st</sup>	39
1975	5th	104	1992	1st	28	2009	3 <sup>rd</sup>	73
1976	5th	116	1993	1st	23	2010	2 <sup>nd</sup>	39
1977	3rd	71	1994	2nd	46			
1978	2nd	56	1995	3rd	68			
1979	5th	110	1996	2nd	41			

## GCL CROSS COUNTRY TIME RANKINGS

“A 5,000 Meter Time Ranking of La Salle's Varsity Athletes at the GCL Championships (Landmark Baptist 2008)”

1.	16:06.1	Travis Hawes (So.)	2008	1 <sup>st</sup>
2.	16:42.8	Ethan Bokeno (So.)	2008	5 <sup>th</sup>
3.	16:49.1	Lee Southwood (Sr.)	2008	8 <sup>th</sup>
4.	16:50.7	Kevin Kluesener (So.)	2008	10 <sup>th</sup>
5.	17:05.0	Alex Thiery (So.)	2008	15 <sup>th</sup>
6.	18:03.0	Daniel Eiser (Sr.)	2008	25 <sup>th</sup>
7.	18:50.7	Ike Placke (Jr.)	2008	26 <sup>th</sup>

# DISTRICT CROSS COUNTRY TIME RANKINGS

“A 5,000 Meter Time Ranking of La Salle’s Varsity Athletes at the District Championships (1982-2000)”

## Princeton Middle School (1982-1992, 1994, 1996, 1998, 2000)

<u>Rank</u>	<u>Time</u>	<u>Athlete</u>	<u>Year</u>	<u>Place</u>	<u>Rank</u>	<u>Time</u>	<u>Athlete</u>	<u>Year</u>	<u>Place</u>
1.	15:26	Allen Bader (Jr.)	2000	1st		17:16	Tim Bilkasley (Jr.)	1989	12th
2.	15:36	Dean Fulmer (Sr.)	1994	1st	53.	17:17	Mike LeBoeuf (So.)	1988	18t
3.	15:39	Steve Padgett (Jr.)	1998	1st	54.	17:18	Rob Heckler (Jr.)	1989	13th
4.	15:40	Doug Bockenstette (Jr.)	1992	1st		17:18	Robert Mohr (Sr.)	1991	21st
5.	15:49	Dave Padgett (Sr.)	1992	3rd	56.	17:21	Steve Huedpohl (Sr.)	1988	21st
6.	15:50	Derrick Butler (Sr.)	1998	2nd		17:21	Mike Bambach (Sr.)	1985	58th
7.	15:51	Dan Fulmer (Sr.)	1986	1st		17:21	Jeff Banks (Jr.)	1985	59th
8.	15:53	Dan Fulmer (Jr.)	1985	4th	59.	17:22	Ron Wilcox (Sr.)	1985	60th
9.	15:57	Pat. Rischmann (Sr.)	2000	3rd	60.	17:24	Sean Quick (Fr.)	1986	39th
10.	16:00	Dean Fulmer (So.)	1992	4th	61.	17:27	Joe Beck (Sr.)	1998	28th
11.	16:02	Eric Mayhaus (So.)	2000	5th		17:27	Brian Roller (So.)	1992	29th
12.	16:16	Jay Hummel (Jr.)	1996	1st	63.	17:28	Chris Dollenmeyer (Sr.)	1996	26th
	16:16	Dave Gunn (Sr.)	1986	7th	64.	17:29	Nick Stenger (Sr.)	1983	32nd
	16:19	Garrett Grogan (Jr.)	2000	8th		17:29	Adam Eiser (Sr.)	1996	27th
15.	16:28	Doug Bockenstette (So.)	1991	1st		17:29	Rob Roellig (So.)	1986	41st
	16:28	Brian Roller (Sr.)	1994	3rd	67.	17:31	Steve Hudepohl (So.)	1986	24th
17.	16:32	Mike Hudepohl (Jr.)	1988	6th	68.	17:32	Chris Lienhart (Jr.)	1986	42nd
18.	16:33	Scott Sievering (Jr.)	1992	9th	69.	17:33	Tom Herrmann (Jr.)	1989	16th
19.	16:37	Dave Padgett (Jr.)	1991	4th		17:33	Garrett Grogan (Fr.)	1998	31st
20.	16:39	Tim Bilkasley (Sr.)	1990	4th		17:33	Keith Jester (Sr.)	1988	24th
21.	16:41	Steve Padgett (Fr.)	1996	6th	72.	17:36	Dave Reuss (Jr.)	1984	56th
22.	16:42	Noel Enneking (Sr.)	1991	7th		17:36	Jeff Banks (So.)	1986	44th
23.	16:43	Derrick Butler (So.)	1996	8th		17:36	Chris Terbrueggen (Jr.)	1991	31st
24.	16:47	Rick Voegel (Jr.)	1986	22nd	75.	17:38	Kevin Honold (So.)	1984	58th
25.	16:48	Mike Hudepohl (Sr.)	1989	4th		17:38	Nick Bollin (Jr.)	1994	27th
26.	16:51	Dan Fulmer (So.)	1984	36th	77.	17:41	Nala Voeum (Fr.)	1994	29th
27.	16:52	Allen Bader (Fr.)	1998	16th	78.	17:44	Scott Homer (Jr.)	1988	31st
	16:52	Dean Fulmer (Fr.)	1991	10th	79.	17:45	Bill Keckeis (Fr.)	2000	43rd
29.	16:53	Rob Heckler (Sr.)	1990	10th		17:45	Bob Weyer (Sr.)	1982	52nd
	16:53	Doug Fulmer (So.)	1998	18 <sup>th</sup>	81.	17:46	Scott Fearn (Sr.)	1987	30th
30.	16:55	Kevin Wright (So.)	2000	18th	82.	17:47	Jeff Banks (So.)	1984	66th
	16:55	Steve Beppler (Sr.)	1984	37th		17:47	Doug Voegele (Sr.)	1989	18th
32.	16:56	Tom Hermann (Sr.)	1990	13th	84.	17:48	Doug Voegele (Jr.)	1988	34th
	16:56	Chris Lienhart (Sr.)	1987	9th	85.	17:49	Scott Homer (Sr.)	1989	20th
34.	16:57	Rick Voegel (Sr.)	1987	10th	86.	17:50	Robert Mohr (Jr.)	1990	32nd
	16:57	Chris Ruthemeyer (Sr.)	1996	13th	87.	17:53	Mike LeBoeuf (Fr.)	1987	31st
36.	16:58	Bill Feuchter (Sr.)	1984	38th	88.	17:54	Steve Beppler (So)	1982	54th
37.	16:59	Jay Hummel (Fr.)	1994	14th	89.	17:58	Mike Haas (Sr.)	1990	34th
38.	17:00	Noel Enneking (Jr.)	1990	17th		17:58	Keith Jester (Jr.)	1987	33rd
39.	17:03	Dave Padgett (So.)	1990	19th	91.	17:59	Dave Brunsmann (Sr.)	1982	58th
	17:03	Tim Mohr (Sr.)	1994	15th	92.	18:01	Mike Henz (So.)	1985	88th
41.	17:06	Mike Harmeyer (Jr.)	1994	17th	93.	18:07	Jerry Kombrinck (So.)	1982	63rd
42.	17:07	Mike Bambach (Jr.)	1984	44th	94.	18:07	Jerry Kombrinck (Jr.)	1983	51st
	17:07	Mike Hudepohl (So.)	1987	13th	95.	18:21	Tom Herrmann (So.)	1988	46th
	17:07	Jamey Flynn (Jr.)	1991	16th	96.	18:24	Joe Roth (So.)	1985	106th
45.	17:08	Fred LaChance (Sr.)	1982	34th	97.	18:37	Bill Wittich (So.)	1983	70th
46.	17:11	Jamey Flynn (Sr.)	1992	21st	98.	18:42	Steve Hudepohl (Fr.)	1985	119th
	17:11	Tyler Kolkmeier (Sr.)	1998	21st	99.	18:49	Kevin Honold (Fr.)	1983	77th
48.	17:12	Doug Heitfield (Sr.)	1982	36th	100.	18:50	Nick Stenger (Jr.)	1982	78th
49.	17:13	Chris Terbrueggen (Sr.)	1992	22nd	101.	18:50	Matt Fry (So.)	1983	80th
50.	17:14	Zac Altenau (Jr.)	2000	33rd	102.	18:53	Dave Denoma (Jr.)	1983	78th
51.	17:16	Pete Carusone (So.)	1996	20th	103.	19:38	Doug Nienaber (Fr.)	1983	86th

# DISTRICT CROSS COUNTRY TIME RANKINGS

## Voice of America Park (1999,2001-2007,2009-2010)

1.	15:31	Allen Bader (Sr.)	2001	1st
2.	15:32	Steve Padgett (Sr.)	1999	1st
3.	15:48.69	Travis Hawes (Sr.)	2010	1 <sup>st</sup>
4.	15:52.52	Ethan Bokeno (Sr.)	2010	2nd
5.	16:01.1	Kyle Lang (Jr.)	2005	1st
6.	16:07	Eric Mayhaus (Sr.)	2002	3rd
7.	16:11.5	Travis Hawes (So.)	2008	3rd
8.	16:13.14	Travis Hawes (Fr.)	2007	2nd
9.	16:13.17	Drew Michel (Fr.)	2010	9th
10.	16:13	Garrett Grogan (Sr.)	2001	3rd
11.	16:14.82	Kevin Kluesener (Sr.)	2010	10 <sup>th</sup>
12.	16:18.10	Alex Thiery (Sr.)	2010	11th
13.	16:18	Jason Beck (Sr.)	2002	4th
	16:18	Eric Mayhaus (Jr.)	2001	4th
15.	16:23	Jake Nuskabel (Sr.)	2006	2nd
16.	16:24	Kyle Dragon (Jr.)	2002	5th
17.	16:25	Dan Hesiter (Jr.)	2003	5th
18.	16:26	Kyle Dragan (Sr.)	2003	6th
19.	16:27	Dan Heister (So.)	2002	6th
20.	16:28	Greg Bader (Sr.)	2005	4 <sup>th</sup>
21.	16:28.5	Jake Neuskabel (Jr.)	2005	5th
22.	16:29	Kyle Lang (Sr.)	2006	3rd
23.	16:29.7	Ethan Bokeno (So.)	2008	6th
24.	16:30	Pat Rischmann (Jr.)	1999	4th
25.	16:32	Corey Spriggs (Sr.)	2006	4th
26.	16:34.8	Alex Thiery (So.)	2008	9th
27.	16:35.2	Kyle Lang (So.)	2004	10th
28.	16:36	Paul Calardo (Jr.)	2002	13th
29.	16:36.9	Dan Heister (Sr.)	2004	14th
30.	16:38.8	Lee Southwood (Sr.)	2008	13th
31.	16:39	Bill Keckeis (Sr.)	2003	8th
32.	16:40	Kyle Dragon (So.)	2001	7th
33.	16:40.6	Tim Bittner (Sr.)	2004	15th
34.	16:43	Jason Beck (Jr.)	2001	10th
35.	16:43.5	Richard Lupp (Jr.)	2005	12th
36.	16:47.9	Kevin Kluesener (So.)	2008	17th
37.	16:48.82	Matt Nie (Sr.)	2010	19th
38.	16:49	Allen Bader (So.)	1999	10th
39.	16:51.8	Corey Spriggs (Jr.)	2005	18th
40.	16:52	Bill Keckeis (Jr.)	2002	20th
41.	16:53.5	Alex Thiery (Jr.)	2009	6th
42.	16:54.38	Marc Nie (Jr.)	2010	20th
43.	16:54	Paul Calardo (Sr.)	2003	18th
44.	16:56	Andy Bittner (Jr.)	2002	22nd
45.	16:57	Ricky Lupp (Sr.)	2006	6th
46.	16:58	Doug Fulmer (Jr.)	1999	14th
47.	16:58.48	Sean Comer (Sr.)	2007	12th
48.	17:01.7	Andrew St. George (Sr.)	2005	20th
49.	17:02	Mitchell Heusman (Jr.)	2005	21st
50.	17:03	Andy Bittner (Sr.)	2003	21st
51.	17:05	Greg Bader (So.)	2003	23rd
52.	17:07.20	Corey Spriggs (So.)	2004	28th
53.	17:07	Zac Altenau (Sr.)	2001	16th
54.	17:10	Mike Inderhees (So.)	2006	10th
55.	17:12	Mike Robbins (Sr.)	1999	17 <sup>th</sup>
56.	17:12.4	Greg Bader (Jr.)	2004	29th
57.	17:14	Corey Spriggs (Fr.)	2003	29th

## Voice of America Park (1999,2001-2007,2009-2010)

58.	17:16.7	Travis Hawes (Jr.)	2009	11 <sup>th</sup>
59.	17:18.8	Ethan Bokeno (Jr.)	2009	12th
60.	17:19.3	Andy St. George (Jr.)	2004	31st
61.	17:19.85	Kevin Johns (Sr.)	2007	20th
62.	17:20	Mitch Huesman (Sr.)	2006	15th
63.	17:22.5	Kevin Kluesener (Jr.)	2009	14th
64.	17:27	Paul Calardo (So.)	2001	29 <sup>th</sup>
65.	17:27.7	Dave Mette (Jr.)	2004	36th
66.	17:27.7	Clayton Cardinal (Fr.)	2008	33rd
67.	17:29	Jason Beck (Fr.)	1999	26th
68.	17:31	Sean Comer (Jr.)	2006	20th
69.	17:32.36	Ike Placke (So.)	2007	25 <sup>th</sup>
70.	17:34.66	Lee Southwood (Jr.)	2007	26th
71.	17:37.4	Ike Placke (Jr.)	2008	40th
72.	17:39	Joe Beck (Sr.)	1999	32 <sup>nd</sup>
73.	18:00.92	Rob Bittner (Jr.)	2007	41 <sup>st</sup>
74.	18:08.5	Drew Michel (So.)	2009	27 <sup>th</sup>
75.	18:20.7	Matt Nie (Jr.)	2009	33 <sup>rd</sup>
76.	18:26.5	Clayton Cardinal (So.)	2009	35th
77.	18:33.21	Matt Nie (Fr.)	2007	55th

## McGinnis Park (1993, 1995, 1997)

1.	15:41	Derrick Butler (Jr.)	1997	3rd
2.	15:43	Steve Padgett (So.)	1997	4th
3.	15:46	Doug Bockenstette (Sr.)	1993	1st
4.	15:50	Dean Fulmer (Jr.)	1993	2nd
5.	16:14	Scott Sievering (Sr.)	1993	5th
6.	16:49	Jay Hummel (So.)	1995	5th
7.	16:50	Tyler Kolkmeier (So.)	1997	22nd
8.	16:53	Brian Roller (Jr.)	1993	9th
9.	17:02	Joe Kramer (Jr.)	1997	24th
10.	17:06	Tim Mohr (Jr.)	1993	12th
11.	17:09	Chris Hoeffler (Sr.)	1997	27th
12.	17:13	Nick Bollin (Sr.)	1995	14th
13.	17:14	Bill Baumgartner (Sr.)	1993	16th
14.	17:15	Nick Weidner (Sr.)	1997	31st
15.	17:20	Nick Bollin (So.)	1993	20th
16.	17:23	Mike Sparks (So.)	1995	16th
17.	17:24	Derrick Jackson (Sr.)	1995	17th
18.	17:26	Pete Carusone (So.)	1995	19th
19.	17:27	Mike Harmeyer (Sr.)	1995	20th
20.	17:41	Mike Robbins (So.)	1997	42nd
21.	17:47	Chris Hoeffler (So.)	1995	32nd

### La Salle's District Championship Team Finishes

<u>Year</u>	<u>Place</u>	<u>Points</u>	1979	Seventh	181	1996	First	48
1963	?	?	1980	Eleventh	300	1997	Second	80
1964	?	?	1981	Seventh	195	1998	Second	55
1965	?	?	1982	Ninth	234	1999	Second	46
1966	?	?	1983	Eleventh	298	2000	First	35
1967	Eighth	229	1984	Ninth	204	2001	First	25
1968	Seventh	?	1985	Tenth	273	2002	First	31
1969	Fifth	?	1986	Third	110	2003	Second	58
1970	Fourth	136	1987	Fourth	86	2004	Third	96
1971	Tenth	275	1988	Second	100	2005	First	36
1972	Thirteenth	330	1989	Third	64	2006	First	25
1973	Twelfth	332	1990	Third	63	2007	Third	82
1974	Fifteenth	354	1991	Second	38	2008	First	48
1975	Seventh	212	1992	First	33	2009	Third	70
1976	Seventh	205	1993	First	29	2010	First	33
1977	Fifth	178	1994	Second	50			
1978	Second	77	1995	Second	71			

### DISTRICT TEAM RANKINGS AT VOICE OF AMERICA PARK

“A Ranking of La Salle's Cross Country Teams Who Have Run the District Meet at VOA Park Scoring the VOA Time Rankings”

1.	2010	39	5.	2008	122	9.	2004	197
2.	2002	82	6.	2003	159	11.	2007	255
3.	2001	90	7.	2006	161	12.	2009	295
4.	2005	120	8.	1999	165			

# REGIONAL CROSS COUNTRY TIME RANKINGS

“A 5,000 Meter Time Ranking of La Salle’s Varsity Athletes at the Regional Championships (Troy, Ohio,1986-2010)”

Rank	Time	Athlete	Year	Place	Rank	Time	Athlete	Year	Place
1.	15:26	Allen Bader (Jr.)	2000	1st	57.	16:41	Steve Padgett (Fr.)	1996	21st
2.	15:29	Steve Padgett (Sr.)	1999	1st	58.	16:44	Tim Bilkasley (Jr.)	1989	16th
3.	15:33	Allen Bader (Sr.)	2001	1st	59.	16:45	Kyle Dragon (So.)	2001	25th
4.	15:36	Doug Bockenstette (Jr.)	1992	1st	60.	16:47	Allen Bader (So.)	1999	20th
5.	15:36	Steve Padgett (Jr.)	1998	3rd		16:47	Chris Terbrueggen (Sr.)	1992	33rd
<i>I</i>	15:43	Dan Fulmer (Jr.)	1985	2nd	62.	16:48	Bill Keckeis (Jr.)	2002	33rd
6.	15:44	Dave Padgett (Sr.)	1992	3rd	63.	16:49	Jamey Flynn (Sr.)	1992	34th
7.	15:45	Dean Fulmer (Sr.)	1994	1st	64.	16:50	Rick Voegel (Jr.)	1986	23rd
8.	15:47	Dan Fulmer (Sr.)	1986	2nd		16:50	Mike Inderhees (So.)	2006	18th
9.	15:49.7	Ethan Bokeno (Sr.)	2010	2nd	66.	16:52	Rob Heckler (Jr.)	1989	23rd
10.	15:50	Dean Fulmer (So.)	1992	4th		16:52	Greg Bader (So.)	2003	37 <sup>th</sup>
11.	15:54.54	Travis Hawes (Fr.)	2007	4th	68.	16:52.4	Alex Thierry (Jr.)	2009	18th
12.	15:58	Derrick Butler (Sr.)	1998	12 <sup>th</sup>	69.	16:53	Mitchell Heusman (Jr.)	2005	32nd
13.	15:59	Patrick Rischmann (Sr.)	2000	6 <sup>th</sup>	70.	16:54	Chris Lienhart (Sr.)	1987	37th
14.	16:01	Derrick Butler (Jr.)	1997	7th		16:54	Kevin Wright (Sr.)	2000	41st
15.	16:02	Eric Mayhaus (Sr.)	2002	4th		16:54	Andy Bittner (Sr.)	2003	41st
	16:02	Steve Padgett (So.)	1997	8th		16:54	Greg Bader (Jr.)	2004	22nd
	16:02	Kyle Lang (Jr.)	2005	4th		16:54	Mitch Heusman (Sr.)	2006	19th
18.	16:04	Greg Bader (Sr.)	2005	7th	75.	16:54.62	Alex Thiery (So.)	2008	27th
19.	16:07	Doug Bockenstette (Sr.)	1993	1st	76.	16:55	Chris Ruthemeyer (Sr.)	1996	35th
	16:07	Kyle Lang (Sr.)	2006	2nd	77.	16:56	Dave Padgett (So.)	1990	22nd
21.	16:08.2	Travis Hawes (Sr.)	2010	9 <sup>th</sup>		16:56	Mike Hudepohl (So.)	1987	39th
22.	16:10.1	Alex Thiery (Sr.)	2010	11th	79.	16:57	Chris Lienhart (Jr.)	1986	38th
23.	16:10	Garrett Grogan (Sr.)	2001	6th	80.	16:59	Dave Padgett ( Jr.)	1991	22nd
24.	16:12	Jason Beck (Sr.)	2002	9th	<i>I</i>	16:59	Steve Beppler (Sr.)	1984	34th
25.	16:14	Dean Fulmer (Jr.)	1993	3rd		16:59	Kyle Lang (So.)	2004	24 <sup>th</sup>
26.	16:15.46	Travis Hawes (So.)	2008	7th		16:59	Corey Spriggs (Sr.)	2006	22 <sup>nd</sup>
27.	16:16	Eric Mayhaus (So.)	2000	15th	83.	17:00	Tim Bittner (Sr.)	2004	25th
28.	16:19	Garrett Grogan (Jr.)	2000	16th	84.	17:01	Brian Roller (So.)	1992	39th
29.	16:20	Kyle Dragan (Sr.)	2003	15th		17:01	Chris Hoeffler (Sr.)	1997	44th
30.	16:21	Mike Hudepohl (Jr.)	1988	11th		17:01	Ben Devoe (Sr.)	2003	50 <sup>th</sup>
	16:21	Jason Beck (Jr.)	2001	12th	87.	17:02.36	Sean Comer (Sr.)	2007	48th
32.	16:23	Rick Voegel (Sr.)	1987	11th	88.	17:02	Allen Bader (Fr.)	1998	48th
	16:23	Jay Hummel (Jr.)	1996	11th	89.	17:03.77	Ethan Bokeno (Jr.)	2009	26th
34.	16:24	Paul Calardo (Sr.)	2003	17th	90.	17:03.0	Matt Nie (Sr.)	2010	45th
35.	16:25	Kyle Dragon (Jr.)	2002	21st	91.	17:04	Rob Heckler (Sr.)	1990	32nd
36.	16:26.7	Kevin Kluesener (Sr.)	2010	20th	92.	17:04.55	Lee Southwood (Sr.)	2008	38th
37.	16:26	Tim Bilkasley (Sr.)	1990	7th	93.	17:05	Tom Herrmann (Sr.)	1990	33rd
38.	16:27.8	Drew Michel (Jr.)	2010	22nd		17:05	Steve Huedpohl (Jr.)	1988	49th
39.	16:27	Richard Lupp (Jr.)	2005	22nd	95.	17:06	Nick Bollin (Sr.)	1995	29th
40.	16:28	Dave Gunn (Sr.)	1986	9th		17:06	Andy Bittner (Jr.)	2002	57th
41.	16:30	Dan Heister (So.)	2002	23rd	97.	17:07	Bryan Jostworth (Sr.)	1989	33rd
	16:30	Jake Nuskabel (Sr.)	2006	9th		17:07	Zac Altenau (Sr.)	2001	48th
43.	16:31	Mike Hudepohl (Sr.)	1989	9th	99.	17:08	Brian Roller (Jr.)	1993	21st
44.	16:32.21	Ethan Bokeno (So.)	2008	12th	100.	17:09	Pete Carusone (So.)	1996	54th
45.	16:33	Eric Mayhaus (Jr.)	2001	17th	101.	17:10	Doug Fulmer (So.)	1998	54th
46.	16:34	Doug Bockenstette (So.)	1991	5th		17:10	Andrew St. George (Sr.)	2005	64th
	16:34	Bill Keckeis (Sr.)	2003	22nd	103.	17:11	Noel Enneking (Sr.)	1991	26th
	16:34	Jake Neuskabel (Jr.)	2005	24th		17:11	Mike Robbins (Sr.)	1999	35th
49.	16:35.15	Travis Hawes (Jr.)	2009	14th	105.	17:12.8	Matt Schroeck (Jr.)	2010	55th
50.	16:37	Scott Sievering (Jr.)	1992	29th	106.	17:12	Tyler Kolkmeier (Jr.)	1998	57th
51.	16:38	Derrick Butler (So.)	1996	18th	107.	17:14	Dean Fulmer (Fr.)	1991	31st
52.	16:39	Jay Hummel (So.)	1995	9th		17:14	Doug Fulmer (Jr.)	1999	40th
	16:39	Cory Spriggs (Jr.)	2005	29th		17:14	Tyler Kolkmeier (So.)	1997	57 <sup>th</sup>
54.	16:40	Patrick Rischmann (Jr.)	1999	16th	110.	17:14.96	Kevin Kluesener (Jr.)	2009	39th
<i>I</i>	16:40	Dan Fulmer (So.)	1984	20th	111.	17:15	Paul Calardo (So.)	2001	58th
	16:40	Dan Heister (Sr.)	2004	16th	112.	17:16	Tim Mohr (Sr.)	1994	38th
	16:40	Ricky Lupp (Sr.)	2006	13th	<i>I</i>	17:16	Bill Feuchter (Sr.)	1984	45th
					113.	17:17	Keith Jester (Jr.)	1987	62nd

# REGIONAL CROSS COUNTRY TIME RANKINGS

“A 5,000 Meter Time Ranking of La Salle’s Varsity Athletes at the Regional Championships (Troy, Ohio,1986-2010)”

114.	17:20.54	Kevin Kluesener (So.)	2008	49th	17:37	Corey Spriggs (Fr.)	2003	87th
115.	17:21	Sean Comer (Jr.)	2006	52nd	145. 17:38.27	Rob Bittner (Jr.)	2007	80th
116.	17:22	Noel Enneking (Jr.)	1990	53rd	146. 17:38	Doug Vogeles (Sr.)	1989	57th
	17:22	Zac Altenau (Jr.)	2000	68th	147. 17:40.03	Dan Eiser (Jr.)	2007	84th
	17:22	Corey Spriggs (So.)	2004	41st	148. 17:40	Garrett Grogan (Fr.)	1998	78th
119.	17:23	Tim Mohr (Jr.)	1993	31st	149. 17:41	Chris Dollenmeyer (Jr.)	1995	71st
120.	17:23.62	Ian Placke (So.)	2007	67th	150. 17:43	Robert Mohr (Jr.)	1990	70th
121.	17:24	Tom Herrmann (Jr.)	1989	43rd	17:43	Rob Roellig (So.)	1986	76th
122.	17:25.60	Kevin Johns (Sr.)	2007	69th	152. 17:44	Mike Robbins (So.)	1997	81st
123.	17:25	Scott Sievering (Sr.)	1993	34th	17:44	Tom Herrmann (So.)	1988	93rd
	17:25	Chris Dollenmeyer (Sr.)	1996	67th	154. 17:46	Brian Roller (Sr.)	1994	67 <sup>th</sup>
	17:25	Steve Huedpohl (Jr.)	1987	70th	155. 17:47.13	Clayton Cardinal (Fr.)	2008	75th
126.	17:26	Jamey Flynn (Jr.)	1991	40 <sup>th</sup>	156. 17:48	Joe Beck (Jr.)	1998	81st
127.	17:27	Scott Homer (Jr.)	1988	67th	157. 17:51	Mike Harmeyer (Sr.)	1995	82nd
128.	17:29	Nick Bollin (Jr.)	1994	49 <sup>th</sup>	158. 17:52	Joe Kramer (Jr.)	1997	90th
129.	17:29.52	Matt Nie (Jr.)	2009	54th	17:52	Mike LeBoeuf (So.)	1988	97th
130.	17:30	Kevin Wright (Fr.)	1999	56 <sup>th</sup>	160. 17:53	Sean Quick (Fr.)	1986	85th
	17:30	Nick Weidner (Sr.)	1997	69th	161. 17:54	Bill Baumgartner (Sr.)	1993	56 <sup>th</sup>
132.	17:31	Jeff Banks (Sr.)	1986	64th	17:54	Mike Harmeyer (Jr.)	1994	76th
133.	17:31.75	Ike Placke (Jr.)	2008	63rd	163. 17:54.92	Rob Rippenger (Sr.)	2009	77th
134.	17:32	Jason Beck (Fr.)	1999	59th	164. 18:00	Mike LeBoeuf (Fr.)	1987	101st
	17:32	Mike Sparks (So.)	1995	60th	165. 18:04	Nala Voeum (Fr.)	1994	83rd
136.	17:33	Chris Terbrueggen (Jr.)	1991	43rd	166. 18:06	Mike Harmeyer (So.)	1993	69th
	17:33	Keith Jester (Sr.)	1988	75th	167. 18:13	Greg Stein (Sr.)	2004	75th
138.	17:34.62	Lee Southwood (Jr.)	2007	78th	168. 18:14	Jason Beck (So.)	2000	109th
139.	17:34	Adam Eiser (Sr.)	1996	76th	169. 18:17	Scott Homer (Sr.)	1989	94th
	17:34	Paul Calardo (Jr.)	2002	90th	170. 18:18	Nick Stenger (Sr.)	1983	54th
141.	17:36	Doug Vogeles (Jr.)	1988	81st	171. 18:28	Robert Mohr (Sr.)	1991	88th
142.	17:37	Jay Hummel (Fr.)	1994	57 <sup>th</sup>	171. 18:31	Doug Ludman (Sr.)	1990	97 <sup>th</sup>
	17:37	Derrick Jackson (Sr.)	1995	65th	172. 18:46	Ricky Lupp (So.)	2004	96th

## REGIONAL CROSS COUNTRY TEAM RANKINGS

“A Ranking of La Salle’s Regional Cross Country Teams Scoring the Time Rankings”

<u>Rank</u>	<u>Team</u>	<u>Point Total</u>	<u>Rank</u>	<u>Team</u>	<u>Point Total</u>
1.	2010	126	14	2008	351
2.	1992	130	15.	1989	385
3.	2000	139	16.	1993	385
4.	2001	160	17.	2004	403
5.	2005	170	18.	1990	414
6.	2002	177	19	1987	415
7.	2003	245	20.	2009	445
8.	2006	248	21.	1991	462
9	1996	316	22.	2007	478
10.	1998	309	23.	1988	527
11	1986	323	24.	1994	543
12.	1999	326	25.	1995	572
13.	1997	350			

## La Salle's Regional Championship Team Finishes

1986	3rd	108
1987	5th	176
1988	7th	221
1989	3rd	108
1990	4th	119
1991	1st	95
1992	1st	61
1993	2nd	79
1994	6th	178
1995	7th	197
1996	4th	121
1997	4th	156
1998	6th	146
1999	2nd	87
2000	2nd	62
2001	1st	51
2002	1st	75
2003	4 <sup>th</sup>	114
2004	2 <sup>nd</sup>	96
2005	1 <sup>st</sup>	65
2006	1 <sup>st</sup>	44
2007	11 <sup>th</sup>	235
2008	3 <sup>rd</sup>	109
2009	3 <sup>rd</sup>	116
2010	1 <sup>st</sup>	56

# STATE CROSS COUNTRY TIME RANKINGS

“A 5,000 Meter Time Ranking of La Salle’s Varsity Athletes at the State Championships (Scioto Downs 1986-2010)

Rank	Time	Athlete	Year	Place	Rank	Time	Athlete	Year	Place
1.	15:07	Allen Bader (Sr.)	2001	1st	53.	16:45	Zac Altenau (Sr.)	2001	82nd
2.	15:18	Doug Bockenstette (Sr.)	1993	1st	54.	16:46	Dave Padgett (So.)	1990	61st
3.	15:18	Doug Bockenstette (Jr.)	1992	5th		16:46	Michael Inderhees (So.)	2006	63rd
4.	15:19	Steve Padgett (Sr.)	1999	1st	56.	16:47.59	Lee Southwood (Sr.)	2008	84th
5.	15:21	Allen Bader (Jr.)	2000	1st	57.	16:48	Rick Vogelee (Jr.)	1986	44th
	I 15:27	Steve Padgett (Jr.)	1998	3rd		16:48	Derrick Butler (So.)	1996	59th
6.	15:42	Dean Fulmer (Jr.)	1993	5th	59.	16:49	Jamey Flynn (Sr.)	1992	78th
	I 15:46	Dean Fulmer (Sr.)	1994	2nd		16:49	Richard Lupp (Jr.)	2005	65th
7.	15:48	Jake Nusekabel	2006	11th	61.	16:50	Rob Heckler (Sr.)	1990	66th
8.	15:50	Dan Fulmer (Sr.)	1986	3rd		16:50	Kevin Wright (So.)	2000	85th
9.	15:51	Dave Padgett (Sr.)	1992	10th	63.	16:50.46	Travis Hawes (Jr.)	2009	57th
	I 15:51.40	Travis Hawes (Fr.)	2007	12th		I 16:51	Dan Fulmer (Jr.)	1985	36th
	I 15:52	Derrick Butler (Sr.)	1998	11th		I 16:52	Rick Vogelee (Sr.)	1987	59th
10.	15:53	Jason Beck (Sr.)	2002	7th	64.	16:54	Andy Bittner (Sr.)	2003	66th
11.	15:54.8	Travis Hawes (Sr.)	2010	20th		16:54	Mitchell Huesman (Sr.)	2006	74th
12.	15:55	Patrick Rischmann (Sr.)	2000	15 <sup>th</sup>	66.	16:56	Tim Bilkasley (Sr.)	1990	77th
13.	15:57	Derrick Bulter (Jr.)	1997	8th		16:56	Jamey Flynn (Jr.)	1991	109th
	15:57	Kyle Lang (Sr.)	2006	16th	68.	16:56.35	Alex Thiery (So.)	2008	99th
15.	15:58	Dean Fulmer (So.)	1992	13th	69.	16:57	Jeff Banks (Sr.)	1986	54th
16.	15:59	Steve Padgett (So.)	1997	10th		16:57	Tom Herrmann (Sr.)	1990	79th
	15:59	Kyle Lang (Jr.)	2005	10th	71.	16:58	Zac Altenau (Jr.)	2000	95th
18.	16:03	Garrett Grogan (Sr.)	2001	25th		16:58	Dean Fulmer (Fr.)	1991	111 <sup>th</sup>
19.	16:09	Doug Bockenstette (So.)	1991	20th		I 16:58	Jay Hummel (So.)	1995	54th
	16:09	Eric Mayhaus (Sr.)	2002	24th	73.	17:00.4	Matt Schroeck (Jr.)	2010	115 <sup>th</sup>
	16:09	Garrett Grogan (Jr.)	2000	34th	74.	17:00.5	Kevin Kluesener (Sr.)	2010	116th
22.	16:10	Jake Neuskabel (Jr.)	2005	18 <sup>th</sup>	75.	17:00	Tim Bittner (Sr.)	2004	64th
23.	16:12.0	Alex Theiry (Sr.)	2010	48th	76	17:02	Bill Baumgartner (Sr.)	1993	91st
24.	16:13	Jason Beck (Jr.)	2001	33rd		17:02	Paul Calardo (Sr.)	2001	108th
	16:13	Eric Mayhaus (Jr.)	2001	34th	78.	17:03	Chris Ruthemeyer (Sr.)	1996	82nd
26.	16:15	Patrick Rischmann (Jr.)	1999	23rd		17:03	Noel Enneking (Jr.)	1990	85th
	16:15	Jay Hummel (Jr.)	1996	23rd		17:03	Chris Terbruggen(Sr.)	1992	98th
28.	16:17	Eric Mayhaus (So.)	2000	39th	81.	17:03.64	Alex Thierry (Jr.)	2009	77th
29.	16:19	Ricky Lupp (Sr.)	2006	28th	82.	17:07	Doug Fulmer (Jr.)	1999	86th
30.	16:20	Mike Hudepohl (Sr.)	1989	17th		17:07	Sean Comer (Jr.)	2006	97th
31.	16:23	Greg Bader (Sr.)	2005	29th	84.	17:08	Kevin Wright (Fr.)	1999	88th
32.	16:26.4	Drew Michel (Jr.)	2010	74th	85.	17:09.7	Marc Nie (Jr.)	2010	123rd
33.	16:26	Daniel Heister (So.)	2002	41st	86.	17:09	Tim Mohr (Jr.)	1993	103rd
34.	16:27	Kyle Dragon (So.)	2001	49th	87.	17:11	Tom Herrmann (Jr.)	1989	88th
	16:27	Corey Spriggs (Jr.)	2005	38th		17:11	Chris Hoeffler (Sr.)	1997	106th
36.	16:30	Allen Bader (So.)	1999	42nd		17:11	Andrew Bittner (Jr.)	2002	106th
	16:30	William Keckeis (Jr.)	2002	44th	90.	17:12	Tim Bilkasley (Jr.)	1989	90th
	16:30	Paul Calardo (Sr.)	2003	30th		17:12	Ben Devoe (Sr.)	2003	99th
39.	16:31	Kyle Dragon (Jr.)	2002	47th	92.	17:13	Scott Sievering (Jr.)	1992	109th
	16:31	Noel Enneking (Sr.)	1991	64th		17:13	Chris Lienhart (Jr.)	1986	79th
	16:31	Corey Spriggs (Sr.)	2006	41st	94	17:14	Corey Spriggs (So.)	2004	83rd
42.	16:32	Dan Heister (Sr.)	2004	31st	95	17:15	Rob Heckler (Jr.)	1989	95th
43.	16:33	Kyle Dragan (Sr.)	2003	34 <sup>th</sup>		17:15	Greg Bader (So.)	2003	104th
44.	16:33.01	Travis Hawes (So.)	2008	64 <sup>th</sup>	97.	17:16	Nick Weidner (Sr.)	1997	113th
45.	16:34.23	Ethan Bokeno (So.)	2008	65th		17:16	Brian Roller (So.)	1992	114th
46.	16:37	Dave Padgett (Jr.)	1991	77th	99.	17:17	Mitchell Heusman (Jr.)	2005	89th
	16:37	Kyle Lang (So.)	2004	35th	100.	17:19	Chris Terbruggen (Jr.)	1991	134th
48.	16:41	Bill Keckeis (Sr.)	2003	45th	101.	17:20	Jason Beck (Fr.)	1999	103rd
49.	16:42	Brian Roller (Jr.)	1993	62nd		17:20	Pete Carusone (So.)	1996	105th
	16:42	Greg Bader (Jr.)	2004	40th	103.	17:22	Brian Jostworth (Sr.)	1989	105th
51.	16:43	Dave Gunn (Sr.)	1986	37th	104.	17:23	Andy St. George (Jr.)	2004	92nd
52.	16:44	Steve Padgett (Fr.)	1996	53rd	105.	17:27.1	Matt Nie (Sr.)	2010	134th
					106.	17:28	Adam Eiser (Sr.)	1996	115th

# STATE CROSS COUNTRY TIME RANKINGS

“A 5,000 Meter Time Ranking of La Salle’s Varsity Athletes at the State Championships (Scioto Downs 1986-2010)

107.	17:31	Noel Enneking (So.)	1989	116th
	17:31	Robert Mohr (Sr.)	1991	147th
109.	17:33	Nick Weidner (Jr.)	1996	120th
110.	17:38.78	Kevin Kluesener (Jr.)	2009	117th
	I 17:40	Mike Hudepohl (Jr.)	1988	62nd
111.	17:40	Doug Ludmann (Sr.)	1990	127th
112.	17:42	Paul Calardo (Jr.)	2002	127th
	17:42	Tyler Kolkmeier (So.)	1997	141st
114.	17:44	Andrew St. George (Sr.)	2005	82nd
115.	17:48	Scott Sievering (Sr.)	1993	133rd
	17:48	Mike Robbins (Jr.)	1999	131 <sup>st</sup>
117.	17:56	Doug Vogeles (Sr.)	1989	137th
	17:56	Joe Kramer (Jr.)	1997	147th
119.	18:02	Nick Bollin (So.)	1993	139th
	18:02	Mike Robbins (So.)	1997	150th
121.	18:03.94	Rob Rippenger (Sr.)	2009	132nd
122.	18:15	Paul Calardo (Fr.)	2000	144th
123.	18:15.68	Kevin Kluesener (So.)	2008	136th
124.	18:15.96	Jacob McNamara (Fr.)	2009	139th
125.	18:19	Greg Stein (Sr.)	2004	143rd
126.	18:19.15	Ethan Bokeno (Jr.)	2009	141st
127.	18:30.88	Clayton Cardinal (Fr.)	2008	141 <sup>st</sup>
128.	18:43.46	Matt Nie (Jr.)	2009	149th

## STATE CROSS COUNTRY TEAM RANKINGS

“A Ranking of La Salle’s State Cross Country Teams Scoring the Time Rankings”

<u>Rank</u>	<u>Team</u>	<u>Point Total</u>	<u>Rank</u>	<u>Team</u>	<u>Point Total</u>
1.	2001	102	11.	1986	277
2.	2000	125	12.	2003	281
3.	2002	137	13.	2004	306
4.	2006	142	14.	1996	314
5.	2005	162	15.	1997	325
6.	1992	164	16.	1990	328
7.	2010	213	17.	2008	336
8.	1993	219	18.	1989	405
9.	1999	232	19.	2009	499
10.	1991	241			

## La Salle’s State Championship Team Finishes

<u>Year</u>	<u>Place</u>	<u>Points</u>	<u>Year</u>	<u>Place</u>	<u>Points</u>
1986	Second	144	2000	Second	99
1989	Eighth	237	2001	Second	78
1990	Eighth	217	2002	Second	104
1991	Seventh	204	2003	Sixth	161
1992	Fourth	136	2004	Second	144
1993	Seventh	179	2005	FIRST	74
1996	Fifth	187	2006	FIRST	78
1997	Tenth	230	2008	Fifteenth	300
1999	Fourth	152	2009	Sixteenth	348
			2010	Twelfth	252

## Greater Cincinnati U16 Club (Time Ranking at the State Meet at Scioto Downs under 16:00)

1)	15:07 –	Allen Bader –	La Salle –	2001 – 1st
2)	15:08 –	Brian Godsey –	Lakota East –	1998 – 1st
3)	15:15 –	Zach Wills –	Mason –	2008 – 1st
4)	15:18 –	Doug Bockenstette –	La Salle –	1993 – 1st
5)	15:18 –	Doug Bockenstette –	La Salle –	1992 – 5th
6)	15:19.8	Zach Wills	Mason	2010 – 1st
7)	15:19 –	Steve Padgett –	La Salle –	1999 – 1st
8)	15:21 –	Allen Bader –	La Salle –	2000 – 1st
9)	15:22 –	Dan Thaler –	St. Xavier –	2007 – 2nd
10)	15:27 –	Ernie Ziegler –	Harrison –	1996 – 1st
11)	15:27 –	Steve Padgett –	La Salle –	1998 – 3rd
12)	15:27	Michael Perry	Winton Woods	2006 3rd
13)	15:30 –	John Sence –	Milford –	1987 – 2nd
14)	15:32 –	Zach Wills –	Mason –	2007 – 4th
15)	15:34 –	Luke Beuerlein –	Moeller –	2004 – 2nd
16)	15:37 –	Taylor Williams –	Sycamore –	2006 – 4th
17)	15:39 –	John Dixon –	Fairfield –	2001 – 7th
18)	15:40 –	John Dixon –	Fairfield –	2002 – 4th
19)	15:41 –	Ryan Mullin –	Elder –	1992 – 6th
20)	15:42 –	Dean Fulmer –	La Salle –	1993 – 5 <sup>th</sup>
21)	15:42 –	Andy Wietmarschen –	St. Xavier –	2000 – 7th
22)	15:43 –	Tommy Morgan –	Kings –	2005 – 3rd
23)	15:44 –	Dean Fulmer –	La Salle –	1994 – 2nd
24)	15:44 –	Brandon McGuire –	Fairfield –	1991 – 7 <sup>th</sup>
25)	15:45.11 –	Zach Wills –	Mason –	2009 – 1st
26)	15:45 –	Taylor Garvin –	Kings –	2001 – 10th
27)	15:46 –	James Devanney –	St. Xavier –	1992 – 7th
28)	15:46 –	Tim King –	St. Xavier –	2000 – 8th
29)	15:47 –	Ryan Busse –	St. Xavier –	2000 – 9th
30)	15:48 –	Jake Nusekabel –	La Salle –	2006 – 11th
31)	15:49 –	Henry Dennis –	Colerain –	1991 – 8th
32)	15:50 –	Dan Fulmer –	La Salle –	1986 – 3 <sup>rd</sup>
33)	15:50 –	Jerry Claunch –	Lakota East –	1999 – 7th
34)	15:51 –	Fitz Read –	Lakota –	1994 – 3 <sup>rd</sup>
35)	15:51 –	Dave Padgett –	La Salle –	1992 – 10th
36)	15:51 –	Travis Hawes –	La Salle –	2007 – 12th
37)	15:52 –	Mason Ward –	Colerain –	1999 – 10th
38)	15:52 –	Derrick Butler –	La Salle –	1998 – 11th
39)	15:53 –	Jeff Godsey –	Lakota –	1995 – 2nd
40)	15:53 –	Jason Beck –	La Salle –	2002 – 7th
41)	15:53 –	Kyle Kowalski –	St. Xavier –	2002 – 9th
42)	15:54.8	Travis Hawes	La Salle	2010 – 20th
43)	15:54 –	John Sence –	Milford –	1986 – 4 <sup>th</sup>
44)	15:54	Andy Wietmarschen –	St. Xavier –	1999 – 11th
45)	15:55 –	Brian Godsey –	Lakota East –	1997 – 7th
46)	15:55	Andy Wietmarschen	St. Xavier	1998 14th
47)	15:55 –	Patrick Rischmann –	La Salle	2000 – 15th
48)	15:56 –	Adam Thomas –	Fairfield –	1996 – 3rd
49)	15:56 –	Michael Perry –	Winton Woods	2005 – 7th
50)	15:57 –	Luke Beuerlein –	Moeller –	2003 – 6th
51)	15:57 –	Derrick Butler –	La Salle –	1997 – 8 <sup>th</sup>
52)	15:57 –	Brad Neumann –	Sycamore –	2002 – 11th
53)	15:57 –	Kyle Lang –	La Salle –	2006 – 16th
54)	15:58.1	Jack Butler	St. Xavier	2010 – 26th

**Greater Cincinnati U16 Club (Time Ranking at the State Meet at Scioto Downs under 16:00)**

55)	15:58 –	Brian Rohne –	Milford –	1989 – 4th
56)	15:58 –	Mason Ward –	Colerain –	1997 – 9th
57)	15:58 -	Dean Fulmer –	La Salle –	1992 – 13th
58)	15:58–	Tommy Balmat –	St. Xavier –	2002 – 13th
59)	15:58 –	Dan Thaler –	St. Xavier –	2006 – 17th
60)	15:59 -	Ernie Ziegler –	Harrison –	1995 – 3 <sup>rd</sup>
61)	15:59 –	Josh Walters –	St. Xavier –	2003 – 7th
62)	15:59 –	Steve Padgett –	La Salle –	1997 – 10th
63)	15:59 –	Kyle Lang –	La Salle –	2005 – 10th
64)	15:59 –	Justin Hussel –	Colerain –	1998 – 18 <sup>th</sup>
65)	15:59 –	Nick Westerman –	Elder –	2000 – 19th

## Greater Cincinnati Regional U16 Club from Troy site only

“A Ranking of all Cincinnati area runners at the Regional Meet at Troy”

1)	15:15.8	Zach Wills	Mason	2010	1st
2)	15:20	John Sence	Milford	1987	1st
3)	15:21	Brian Godsey	Lakota East	1998	1st
4)	15:24	Ernie Ziegler	Harrison	1996	1st
5)	15:26	Allen Bader	La Salle	2000	1st
6)	15:29	Steve Padgett	La Salle	1999	1st
7)	15:33	Allen Bader	La Salle	2001	1st
8)	15:36	Steve Padgett	La Salle	1998	3rd
9)	15:36	Doug Bockenstette	La Salle	1992	1st
10)	15:37	John Sence	Milford	1985	1st
11)	15:38	Ryan Mullen	Elder	1992	2nd
12)	15:41	Mason Ward	Colerain	1998	4th
13)	15:41.54	Zach Wills	Mason	2009	1st
14)	15:43	Dan Fulmer	La Salle	1985	2nd
15)	15:44	Dave Padgett	La Salle	1992	3rd
16)	15:45	Zach Wills	Mason	2007	2nd
17)	15:45	Dean Fulmer	La Salle	1994	1st
18)	15:46	Fitz Read	Lakota	1994	2nd
19)	15:46	Jeff Howard	New Richmond	1988	1st
20)	15:47	Dan Thaler	St. Xavier	2007	3rd
21)	15:47	Andy Wietmarschen	St. Xavier	2000	2nd
22)	15:47	Brian Godsey	Lakota East	1997	3rd
23)	15:47	Dan Fulmer	La Salle	1986	2nd
24)	15:49.7	Ethan Bokeno	La Salle	2010	2nd
25)	15:50	Tommy Morgan	Kings	2005	3rd
26)	15:50	John Dixon	Fairfield	2002	1st
27)	15:50	Dean Fulmer	La Salle	1992	4th
28)	15:50	John Sence	Milford	1986	3rd
29)	15:51	Sean Besenfelder	Harrison	1992	6th
30)	15:53	Jerry Claunch	Lakota East	1998	7th
31)	15:53	Kevin Sweetman	Harrison	1997	4th
32)	15:54	Travis Hawes	La Salle	2007	4th
33)	15:54	Justin Hussel	Colerain	1997	5th
34)	15:55	Zach Wills	Mason	2008	1st
35)	15:55	Mark Gerstner	St. Xavier	1988	2nd
36)	15:56	Josh Walters	St. Xavier	2003	2nd
37)	15:56	Tim Hufford	Lakota East	1998	8th
38)	15:56	Chris Reis	Elder	1998	9th
39)	15:56	Mason Ward	Colerain	1997	6th
40)	15:57	Luke Beuerlein	Moeller	2003	4th
41)	15:57	Justin Hussel	Colerain	1998	10th
42)	15:57	Doug Render	Anderson	1987	2nd
43)	15:58	Tim King	St. Xavier	2000	5th
44)	15:58	Derrick Butler	La Salle	1998	12th
45)	15:58	James Devanney	St. Xavier	1992	9th
46)	15:58	B.J. Watts	Glen Este	1987	3rd
47)	15:58	Terry McLean	Elder	1990	1st
48)	15:59	Patrick Rischmann	La Salle	2000	6th

## Greater Cincinnati Regional U16 Club from Troy site only

“A Ranking of all Cincinnati area runners at the Regional Meet at Troy”

49) 15:59 Andy Wietmarschen St. Xavier 1998 13th

### Post Season Honors

#### Footlocker Cross Country National Finals

Doug Bockenstette	1993	7 <sup>th</sup>	15:17.0
Dean Fulmer	1994	6 <sup>th</sup>	15:10.4
Steve Padgett	1999	9 <sup>th</sup>	15:09.4
Allen Bader	2001	15 <sup>th</sup>	15:17.1

#### Final National Team Rankings

1986	19th
1992	21 <sup>st</sup>
1993	16th
2000	18 <sup>th</sup>
2001	6 <sup>th</sup>
2002	21 <sup>st</sup>
2005	16 <sup>th</sup>
2006	17th

#### Nike Team Nationals

49.	Ricky Lupp	17:41.9	2006
51.	Jake Nusekabel	17:42.4	2006
52.	Corey Spriggs	17:42.6	2006
73.	Kyle Lang	18:02.1	2006
101.	Mike Inderhees	18:24.6	2006
103.	Mitch Huesmann	18:26.4	2006
111.	Sean Comer	18:35.9	2006

#### NTN Midwest Regionals

17.	Travis Hawes	15:50.9	2007
138.	Lee Southwood	17:28.2	2007
145.	Kevin Johns	17:34.9	2007
169.	Ian Placke	18:02.5	2007
173.	Rob Bittner	18:11.3	2007
176.	Sean Comer	18:21.6	2007
187.	Dan Crowell	20:26.8	2007

#### Division I College Financial Aid Recipients

1980	Eric Huey	Bradley University
1987	Dan Fulmer	Bowling Green State University
1993	Dave Padgett	Miami University
1994	Doug Bockenstette	University of Tennessee
1994	Scott Sievering	University of Cincinnati
1995	Dean Fulmer	University of Alabama
1999	Derrick Butler	Ohio State University
2000	Steve Padgett	Michigan State University
2001	Pat Rischmann	Xavier University
2002	Allen Bader	North Carolina State University
2003	Eric Mayhaus	University of Cincinnati
2003	Jason Beck	Air Force Academy
2004	Kyle Dragan	University of Cincinnati

## Division I College Financial Aid Recipients

2004	Bill Keckeis	University of Cincinnati
2005	Dan Heister	University of Cincinnati
2007	Ricky Lupp	University of Cincinnati
2007	Kyle Lang	University of Cincinnati
2007	Mitchell Huesman	Miami University

## Greatest Moment Part One

The Greatest Moment in La Salle Cross Country History occurred on 9/08/2001 when we traveled to San Francisco, California, for the Great Race by The Bay. Winning that meet results in La Salle's one and only #1 National Ranking on September 17, 2001.

BOYS	GIRLS
<b>The Harrier's Nike / Foot Locker Super 25 National Rankings September 17, 2001</b>	
1. La Salle Cincinnati, OH	1. Saratoga Springs NY
2. Mead Spokane, WA	2. Carmel Carmel, IN
3. Brookwood Snellville, GA	3. Bingham So. Jordan, UT
4. No. Mecklenburg NC	4. Mountain View Orem, UT
5. Mountain View Orem, UT	5. Rockford Rockford, MI
6. Novi Novi, MI	6. Iowa City West Iowa City, IA
7. Kingwood Kingwood, TX	7. Dickinson Dickinson, ND
8. Wayzata Plymouth, MN	8. Murrieta Valley CA
9. The Woodlands Houston, TX	9. Jefferson Forest Forest, VA
10. Long Beach Poly CA	10. Dana Hills Dana Point, CA

### Top Ten Team Scores from the meet

#### San Francisco, CA that got us the #1 ranking

1. La Salle, Cincinnati-OH, 129
2. Mountain View, Orem-UT, 158
3. Madera, Madera-CA, 185
4. Mt. Spokane, Mead-WA, 190
5. Midlothian, VA, 232
6. Bend, OR, 236
7. Eisenhower, Yakima-WA, 293
8. Clovis West, Clovis-Ca, 293
9. Snohomish, WA, 304
10. Oak Park, CA, 325

### Times and Places on our Runners from that historic meet (9/8/2001)

2. Allen Bader	15:35.6	1
25. Garrett Grogan	16:31.1	23
28. Jason Beck	16:31.7	26
33. Eric Mayhaus	16:37.9	31
50. Kyle Dragan	16:52.2	48

## Greatest Moment Part Two

The second greatest moment in La Salle Cross Country history occurred on 9/15/2001 when we traveled to Charlotte, North Carolina for the most stacked meet ever at The Great American Cross Country Festival's Race of Champions which contained seven of the nation's top ten teams. By coming in second, the Lancers achieved the #2 ranking in the USA based on head-to-head competition which rarely occurs in any high school sport. Here is our #2 USA National Ranking on October 8, 2001.

BOYS	GIRLS
<b>The Harrier's Nike / Foot Locker Super 25 National Rankings October 8, 2001</b>	
1. Kingwood Houston, TX 2. LaSalle Cincinnati, OH 3. No. Mecklenburg, NC 4. McFarland, CA 5. Farragut Knoxville, TN 6. Canyon Country, CA 7. Milford, MI 8. Davidson Hilliard, OH 9. Poly Long Beach, CA 10. Jesuit Carmichael, CA	1. Saratoga Springs, NY 2. Carmel, IN 3. Mountain View Orem, UT 4. Rockford, MI 5. Bingham S. Jordan, UT 6. Iowa City West, IA 7. Dickinson, ND 8. Jefferson Forest, VA 9. Dana Hills Dana Point, CA 10. York Elmhurst, IL

### Top ten team scores from the Best field ever #2 ranking

1. Kingwood TX 19, 25, 38, 49, 114 = 245
2. La Salle OH 3, 50, 56, 62, 83 = 254
3. North Meck NC 11, 21, 58, 73, 173 = 336
4. Farragut TN 15, 17, 63, 92, 150 = 337
5. Canyon CA 9, 12, 27, 126, 170 = 344
6. Poly LB CA 14, 22, 88, 90, 148 = 362
7. Brookwood GA 40, 60, 66, 107, 140 = 413
8. Mtn View UT 32, 41, 85, 125, 138 = 421
9. Woodlands TX 52, 53, 75, 76, 174 = 430
10. Davis UT 31, 69, 91, 99, 145 = 435

### Times/places - Great American CC Festival-Charlotte, NC 9-22-2001

6. Allen Bader, 15:23.7, 1
49. Eric Mayhaus, 16:24.6, 37
54. Garrett Grogan, 16:26.5, 42
59. Jason Beck, 16:29.3, 46
70. Kyle Dragan 16:38.0, 57

## **GREATER CINCINNATI ALL CITY CROSS COUNTRY AWARDS**

### **COACH OF THE YEAR AWARD**

1992	Frank Russo
1993	Frank Russo
1986	Frank Russo
2001	Frank Russo
2002	Frank Russo
2005	Frank Russo
2006	Frank Russo

## **GREATER CINCINNATI ALL CITY CROSS COUNTRY AWARDS**

### **ATHLETE OF THE YEAR AWARD**

1979	Eric Huey
1986	Dan Fulmer
1992	Doug Bockenstette
1993	Doug Bockenstette
1994	Dean Fulmer
1999	Steve Padgett
2000	Allen Bader
2001	Allen Bader

## **GREATER CINCINNATI ALL CITY CROSS COUNTRY AWARD**

### **FIRST TEAM ALL CITY SELECTION**

1970	Russ Martin	2002	Jason Beck
1970	Mike Martin	2002	Eric Mayhaus
1975	Jay Huey	2003	Paul Calardo
1985	Dan Fulmer	2004	Dan Heister
1986	Dave Gunn	2004	Kyle Lang
1989	Mike Hudepohl	2005	Kyle Lang
1991	Doug Bockenstette	2005	Jake Nusekable
1992	Dave Padgett	2005	Greg Bader
1992	Dean Fulmer	2005	Corey Spriggs
1993	Dean Fulmer	2006	Jake Nusekabel
1996	Jay Hummel	2006	Kyle Lang
1997	Derrick Butler	2006	Ricky Lupp
1997	Steve Padgett	2006	Corey Spriggs
1998	Steve Padgett	2006	Michael Inderhees
1998	Derrick Butler	2007	Travis Hawes
2000	Pat Rischmann	2010	Travis Hawes
2001	Garrett Grogan	2010	Alex Thiery
2001	Jason Beck		
2001	Eric Mayhaus		

# GREATER CINCINNATI ALL CITY CROSS COUNTRY AWARDS

## SECOND TEAM ALL CITY SELECTION

1992	Scott Sievering	2003	Bill Keckeis
2003	Kyle Dragan	2003	Andy Bittner

## HONORABLE MENTION ALL CITY

1992	James Flynn
1992	Cris Terbruggen
1999	Pat Rischmann
2001	Kyle Dragan
2002	Dan Heister
2002	Bill Keckeis
2002	Kyle Dragan
2004	Greg Bader
2004	Tim Bittner
2004	Cory Spriggs
2005	Ricky Lupp
2005	Mitchell Heusmann
2005	Andrew St. George
2006	Mitchell Huesman
2006	Sean Comer
2007	Sean Comer
2008	Ethan Bokeno
2008	Travis Hawes
2008	Kevin Kluesener
2008	Lee Southwood
2009	Travis Hawes
2009	Alex Thierry
2009	Kevin Kluesener
2009	Rob Rippenger
2009	Jacob McNamara
2009	Ethan Bokeno
2009	Matt Nie
2010	Drew Michel
2010	Matt Schroeck
2010	Marc Nie
2010	Matt Nie
2010	Kevin Kluesener
2010	Ethan Bokeno

## 2010 Cross Country Team Record

<u>Date</u>	<u>Meet</u>	<u>Place</u>	<u>Points</u>	<u>Teams</u>	<u>Record</u>	<u>Cumulative Record</u>
8/29	Finishtiming.com Inv.	2 <sup>nd</sup>	48	21	19-1	19-1
9/4	Greenville Invitational	1 <sup>st</sup>	25	18	17-0	36-1
9/11	Mason Invitational	4 <sup>th</sup>	88	18	14-3	50-4
9/18	Louisville Trinity Inv.	2 <sup>nd</sup>	166	51	49-1	99-5
9/25	Midwest Catholic Inv.	1 <sup>st</sup>	49	11	10-0	109-5
10/2	Midwest Meet of Champions	1 <sup>st</sup>	107	25	24-0	133-5
10/9	Les Eisenhart Invitational	1 <sup>st</sup>	56	23	22-0	155-5
10/16	GCLS Championships	2 <sup>nd</sup>	39`	4	2-1	157-6
10/23	District Championships	1 <sup>st</sup>	33	14	13-0	170-6
10/30	Regional Championships	1 <sup>st</sup>	56	16	15-0	185-6
11/6	State Championships	12 <sup>th</sup>	252	16	4-11	189-17